

TOTAL RESULTS 1995 EARTH JOURNEY VERMONT SUN

Day 1: 12.5 mile canoe or 5.5 mile swim AND 95 mile bike.  
 Day 2: 168 mile bike.  
 Day 3: 51.25 mile run.

NAME	DAY1	DAY2	DAY3	TOTAL
STEVE HARE	7:34:56	8:40:19	7:44:53	24:00:08
DICK FOOTE	8:37:08	10:02:40	7:32:37	26:12:25
CORY MALZAC	9:09:50	11:19:32	9:34:24	30:03:46
CHRIS KOSTMAN	11:23:39	10:35:22	12:19:22	34:18:23

Middlebury VT. The fourth annual Earth Journey Vermont Sun was won by Middlebury's Steve Hare for the fourth straight year in a time of 24:00:08. Middlebury's Dick Foote was second in 26:12:25.

The 327 mile Journey is a three day "stage triathlon". The athletes either swam 5.5 miles or canoed 12.5 and then biked 95 miles on Friday. On Saturday they biked 168 miles and finished with a 51.25 mile run on Sunday. Hare was first to finish on Friday and Saturday, and was second to Foote on Sunday.

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EARTH JOURNEY VERMONT SUN 1995  
SWIM 5.5MI OR CANOE 12.5MI \* BIKE 263MI \* RUN 51MI

DAY ONE SEPT 15,1995

NAME	SWIM/CANOE	TRANSITION	BIKE	FINISH
STEVE HARE	2:30:37	5:12	4:59:13	7:34:56
DICK FOOTE	2:45:19	4:42	5:47:07	8:37:08
CORY MALZAC	3:29:10	7:21	5:33:19	9:09:50
CHRIS KOSTMAN	4:28:14	9:35	6:45:50	11:23:39

DAY 2 BIKE 167.8

NAME	FINISH TIME
STEVE HARE	8:40:19
DICK FOOTE	10:02:40
CHRIS KOSTMAN	10:35:22
CORY MALZAC	11:19:32

DAY 3 RUN 51 MI

NAME	FINISH TIME
STEVE HARE	7:44:53
DICK FOOTE	7:32:37
CORY MALZAC	9:34:24
CHRIS KOSTMAN	12:10:00