

Great Keewaydin Triathlon - 8/12/00

1-mile Swim, 41-mile Bike, 9-mile Run

Bib	Class	First Name	Last Name	City	State	Swim	Bike	Run	Total
Top 5 Female									
4	F 35+	Laurie	Sigloch	Sunderland	VT	0:24:18	1:54:10	1:03:53	3:22:21
17	F 25+	Stephanie	Michaud	S. Burlington	VT	0:28:28	2:04:22	1:04:22	3:37:12
5	F 40+	Suzan	Ballmer	Montreal	QUE	0:23:50	2:07:42	1:08:19	3:39:51
61	F 35+	Yvette	de Boer	Ithaca	NY	0:24:08	2:11:23	1:05:17	3:40:48
7	F 35+	Pam	Trainer	Ludlow	VT	0:31:29	2:00:58	1:08:29	3:40:56
134	F 20+	Sharon	Anderson	Rochester	NY	0:29:08	2:10:55	1:24:05	4:04:08
9	F 20+	Jeanie	Minton	New York	NY	0:32:38	2:32:33	1:21:15	4:26:26
73	F 25+	Cheryl	Fuller	Killington	VT	0:34:33	2:28:29	1:24:53	4:27:55
133	F 25+	Amie C.	Joseph	Somerville	MA	0:29:39	2:29:30	1:29:48	4:28:57
15	F 25+	Heather	Rubinstein	Albany	NY	0:37:44	2:42:57	1:49:39	5:10:20
92	F 25+	Cathy	Swift	Cambridge	MA	0:48:51	2:59:15	1:38:09	5:26:15
6	F 30+	Melissa	Smith	N. Bennington	VT	0:30:28	1:59:55	1:11:39	3:42:02
96	F 30+	Reem	Jishi	Brooklyn	NY	0:31:26	2:11:58	1:18:31	4:01:55
42	F 30+	Mina	Samuels	Castleton	VT	0:25:51	2:37:07	1:09:59	4:12:57
31	F 30+	Diane	Bownes	Baldwin	NY	0:38:29	2:45:54	1:16:06	4:40:29
83	F 30+	Karen	S. Nolan	S. Burlington	VT	0:34:40	3:21:15	1:47:02	5:42:57
123	F 35+	Lida	Leotwt	Norwalk	CT	0:31:09	2:18:06	1:30:01	4:19:16
38	F 35+	Thora	Pomicter	Shelburne	VT	0:36:27	2:17:59	1:32:41	4:27:07
74	F 35+	Mary	Soley	New York	NY	0:38:16	2:26:25	1:26:47	4:31:28
66	F 35+	Robin	Reed	Randolph	VT	0:40:56	2:27:53	1:26:04	4:34:53
100	F 40+	Patricia	Hambrick	Weston	MA	0:27:29	2:12:14	1:26:44	4:06:27
13	F 40+	Claudia	Hauser	Jersey City	NJ	0:35:49	2:14:28	1:21:46	4:12:03
32	F 40+	Deborah	Lasala	Ridgefield	CT	0:31:27	2:23:22	1:21:58	4:16:47
136	F 40+	Cathy	Taylor	Gansevoort	NY	0:35:25	2:21:57	1:40:35	4:37:57
87	F 45+	Jo-Ann	Spinelli	Latham	NY	0:30:46	2:26:37	1:16:23	4:13:46
28	F 45+	Karen	Sabco	Baldwin	NY	0:36:53	2:57:58	1:45:54	5:20:45
30	F 45+	Linda	Kuchmeister	Long Beach	NY	0:38:56	0:00:00	0:00:00	DNF
71	F 60+	Carolyn	Sundeman	Whiting	VT	0:37:47	2:31:05	1:37:21	4:46:13
Top 5 Male									
14	M 35+	Carl	Johnston	Ontario	NY	0:17:33	1:49:06	0:56:46	3:03:25
70	M 35+	Bill	Schumann	West Hartford	CT	0:17:33	1:53:17	1:07:48	3:18:38
3	M 40+	Steve	Hare	Middlebury	VT	0:22:07	1:55:15	1:03:10	3:20:32
79	M 20+	Hjalmar	Westie	Jericho	VT	0:27:30	1:52:06	1:02:55	3:22:31
37	M 30+	Will	Varley	Wainscott	NY	0:26:27	1:51:52	1:05:08	3:23:27
69	M 15+	Benjamin	Walsh	Richmond	VT	0:29:30	2:15:32	1:19:12	4:04:14
52	M 20+	Matthew	Springer	New Lebanon	NY	0:23:19	2:06:55	1:03:43	3:33:57
89	M 20+	Stephen	Holmberg	Westport	CT	0:24:35	2:03:20	1:08:15	3:36:10
122	M 20+	John	Gerster	New York	NY	0:31:00	2:00:53	1:06:28	3:38:21
1	M 20+	Mike	Murray	Binghamton	NY	0:31:21	2:04:12	1:05:44	3:41:17
23	M 20+	Ryan	Canales	Rutland	VT	0:26:22	2:01:26	1:20:03	3:47:51
26	M 20+	Bill	Meyer	Hanover	NH	0:25:11	2:10:38	1:22:56	3:58:45
16	M 20+	Neil	Bacon	Nashua	NH	0:54:11	2:31:41	1:52:00	5:17:52
47	M 25+	Matt	Mallet	Norwood	MA	0:26:42	1:53:58	1:03:52	3:24:32
72	M 25+	Alex	Henning	Burlington	VT	0:24:42	1:52:57	1:08:08	3:25:47
22	M 25+	Adrien	Weindling	New York	NY	0:27:32	2:00:58	1:10:00	3:38:30

51	M 35+	Matthew	Gallagher	Burlington	VT	0:27:33	2:05:34	1:01:45	3:34:52
120	M 35+	Tom	Wilkas	Woodbury	CT	0:25:26	1:57:49	1:15:44	3:38:59
49	M 35+	Rick	Getzen	Scottsdale	AZ	0:26:20	2:03:06	1:10:05	3:39:31
43	M 35+	Paul	Guilmette	Rutland	VT	0:29:55	2:00:40	1:09:20	3:39:55
118	M 35+	Thomas	Kissinger	Norwalk	CT	0:28:00	2:05:17	1:15:49	3:49:06
35	M 35+	Richard	Starace	Saratoga Spgs	NY	0:26:12	2:11:31	1:29:14	4:06:57
56	M 35+	Tony	Garrett	Neoga	IL	0:35:46	2:32:38	1:17:16	4:25:40
78	M 35+	Craig	Wood	Proctor	VT	0:31:53	2:15:39	1:40:28	4:28:00
10	M 35+	Robert	Padgett	Ridgefield	CT	0:30:11	2:39:44	1:20:14	4:30:09
129	M 35+	Joel	Palmer	Vergennes	VT	0:37:02	2:33:04	1:21:20	4:31:26
125	M 35+	Michael	Fisch	New York	NY	0:35:30	2:38:27	1:22:23	4:36:20
25	M 35+	Edward	Brown	Ripton	VT	0:43:15	2:36:50	1:33:00	4:53:05
126	M 35+	Robert	Martinez	N. Hampton	NH	0:38:36	0:00:00	0:00:00	DNF

132	M 40+	Kevin	Whitney	Newmarket	NH	0:22:26	1:55:54	1:14:48	3:33:08
34	M 40+	Tad	Smith	Rutland	VT	0:24:09	2:01:06	1:18:49	3:44:04
19	M 40+	Gregory	Donahue	Middletown	CT	0:27:29	2:11:55	1:10:09	3:49:33
46	M 40+	Stephen	Rehfluss	Albany	NY	0:22:23	2:10:32	1:18:04	3:50:59
41	M 40+	Jeffrey	Schumann	Newington	CT	0:22:46	2:05:13	1:25:43	3:53:42
85	M 40+	Phillip	Borgese	Niskayuna	NY	0:29:17	2:10:03	1:15:45	3:55:05
64	M 40+	Wally	Somolinski	Quispamsis	NB	0:31:42	2:17:06	1:18:56	4:07:44
81	M 40+	Tim	Gilbert	Lebanon	NH	0:35:17	2:16:01	1:17:51	4:09:09
130	M 40+	Robert	Marcellus	Bloomfield	NY	0:30:04	2:13:48	1:27:51	4:11:43
127	M 40+	Scott	Abrahamson	Saranac	NY	0:31:40	2:29:34	1:27:00	4:28:14
93	M 40+	Grant	Healey	Peru	VT	0:35:00	2:28:52	1:25:28	4:29:20
95	M 40+	William	Dixon	Middleburgh	NY	0:52:16	0:00:00	0:00:00	DNF

65	M 45+	Charlie	Reller	Manlius	NY	0:30:45	1:58:29	1:06:55	3:36:09
86	M 45+	Jeff	Cole	Voorheesville	NY	0:25:40	2:03:27	1:07:36	3:36:43
88	M 45+	Carlo	Calvi	Outremont	PQ	0:27:52	2:00:48	1:13:12	3:41:52
77	M 45+	Jesse	Mellor	Salem	MA	0:25:45	1:57:33	1:19:34	3:42:52
45	M 45+	David	Foster	Castleton	VT	0:27:58	2:15:13	1:09:32	3:52:43
39	M 45+	Jack	Courtney	Underhill	VT	0:00:00	0:00:00	0:00:00	DQ

82	M 50+	Tim	Higgins	Southboro	MA	0:30:05	2:03:45	1:08:37	3:42:27
11	M 50+	Bill	Taylor	Gansevoort	NY	0:33:05	2:16:44	1:16:30	4:06:19
48	M 50+	John	Halpin III	Thetford Ctr.	VT	0:28:17	2:24:17	1:32:05	4:24:39
67	M 50+	Neal	McBain	Lebanon	NH	0:35:41	2:48:55	1:25:06	4:49:42

53	M 55+	Jeffery	Springer	Glen Arm	MD	0:26:20	2:07:58	1:03:20	3:37:38
----	-------	---------	----------	----------	----	---------	---------	---------	---------

21	M 60+	Bruce	Kurtz	Longmeadow	MA	0:30:41	2:33:34	2:29:14	5:33:29
----	-------	-------	-------	------------	----	---------	---------	---------	---------

76	MIX 40+	Team	Otis/Winner	Middlebury	VT	0:37:34	2:35:27	1:32:05	4:45:06
----	---------	------	-------------	------------	----	---------	---------	---------	---------

84	MIX 40-	Team	Palcsik	Middlebury	VT	0:36:09	2:04:50	1:18:46	3:59:45
----	---------	------	---------	------------	----	---------	---------	---------	---------

137	MIX 40-	Team	Richmond	Richmond	VT	0:21:44	2:21:17	1:25:20	4:08:21
-----	---------	------	----------	----------	----	---------	---------	---------	---------

124	MT 40-	Bike Center	Team	Middlebury	VT	0:20:57	1:54:48	0:54:49	3:10:34
-----	--------	-------------	------	------------	----	---------	---------	---------	---------

40	MT 40-	Team	Courtney	Underhill	VT	0:25:11	2:15:27	1:28:34	4:09:12
----	--------	------	----------	-----------	----	---------	---------	---------	---------

68	MT 40-	Team	Pomicter	Shelburne	VT	0:32:53	2:52:03	1:22:28	4:47:24
----	--------	------	----------	-----------	----	---------	---------	---------	---------