

LAKE DUNMORE TRI

FORMALLY KNOWN AS → Vermont State Triathlon - 9/7/03

.9-mile Swim, 27.5-mile Bike, 6.2-mile Run

Bib	Class	First Name	Last Name	City	State	Swim	Bike	Run	Total
Top 5 Female									
4	F 40+	Dot	Martin	Montpelier	VT	0:29:15	1:19:52	0:42:30	2:31:37
5	F 30+	Kiersa	Johnson-Chappell	Saratoga Springs	NY	0:28:12	1:17:37	0:46:06	2:31:55
6	F 40+	Karen	Newman	Old Greenwich	CT	0:28:38	1:27:47	0:44:15	2:40:40
13	F 40+	Schatzi	Hall	Cooperstown	NY	0:31:38	1:27:16	0:45:28	2:44:22
26	F 50+	Linda	Hallinger	Washington	VT	0:32:11	1:24:06	0:48:54	2:45:11
7	F 20+	Katherine	Whiteley	Somers	CT	0:34:08	1:45:14	1:02:48	3:22:10
8	F 25+	Karen	Martin	Saratoga Springs	NY	0:28:39	1:39:34	0:57:13	3:05:26
9	F 25+	Jody	Wilson	Concord	NH	0:42:04	1:48:01	1:00:39	3:30:44
10	F 30+	Margaret	Caron	Pownal	VT	0:35:21	1:34:26	0:54:53	3:04:40
11	F 35+	Cathie	Buscaglia	N. Ferrisburg	VT	0:35:16	1:40:02	1:01:11	3:16:29
14	F 40+	Jessica	Spatz	Valley Falls	NY	0:32:06	1:33:14	0:45:55	2:51:15
15	F 40+	Victoria	du Roure	Plainfield	NH	0:36:52	1:29:36	0:48:02	2:54:30
17	F 40+	Sally	Goade	Wynantskill	NY	0:39:10	1:38:44	0:55:19	3:13:13
20	F 45+	Caryn	Etherington	Middlebury	VT	0:30:01	1:29:31	0:49:03	2:48:35
19	F 45+	Cathy	Taylor	Gansevoort	NY	0:39:13	1:34:43	1:08:15	3:22:11
18	F 45+	Patti	Warner	Plattsburgh	NY	0:41:10	1:50:18	1:11:08	3:42:36
21	F 45+	Cynthia	Frantz	Burlington	VT	0:44:41	2:19:17	1:24:52	4:28:50
25	F 50+	Liz	Trinkler	Ashland City	TN	0:32:19	1:23:18	0:52:43	2:48:20
24	F 50+	Barbara	Hummel	Woodstock	VT	0:29:34	1:36:56	0:53:32	3:00:02
22	F 50+	Deborah	McDonnell	Holden	MA	0:35:25	1:39:45	0:52:50	3:08:00
23	F 50+	Jeanne	Butterfield	Bangor	ME	0:33:48	1:44:43	0:52:55	3:11:26
27	F 55+	Christine	McKnight	Schuylerville	NY	0:41:35	1:36:04	0:58:53	3:16:32
Top 5 Male									
2	M 40+	John	Noonan	Troy	NY	0:26:02	1:11:03	0:37:21	2:14:26
3	M 45+	Steve	Hare	Middlebury	VT	0:23:07	1:12:28	0:40:28	2:16:03
1	M 30+	Kevin	Leske	Montpelier	VT	0:22:26	1:14:21	0:40:09	2:16:56
45	M 40+	Michael	White	Plattsburgh	NY	0:26:07	1:11:07	0:40:43	2:17:57
35	M 30+	Tyler	Sperry	S. Burlington	VT	0:22:50	1:13:01	0:43:34	2:19:25
29	M 20+	Dale	Apgar	Hanover	NH	0:35:46	1:16:40	0:42:25	2:34:51
31	M 25+	Chas	Lyons	Cornwall	VT	0:36:15	1:10:19	0:42:14	2:28:48
76	M 25+	Charlie	Davis	Westport	NY	0:28:42	1:19:24	0:47:44	2:35:50
33	M 30+	Randy	Rath	Fort Edward	NY	0:25:10	1:19:13	0:45:38	2:30:01
36	M 30+	Randall	Swift	Saratoga Springs	NY	0:30:55	1:16:33	0:44:34	2:32:02
37	M 35+	Sean	Lowdergan	South Royalton	VT	0:23:28	1:17:15	0:41:25	2:22:08
43	M 35+	Matt	Gallagher	Burlington	VT	0:27:15	1:19:25	0:39:40	2:26:20

42	M 35+	Todd	Drolette	Burlington	VT	0:29:46	1:16:41	0:41:53	2:28:20
78	M 35+	Brian	Johnson	Florence	MA	0:28:34	1:26:53	0:42:40	2:38:07
41	M 35+	Tim	Wright	Gansevoort	NY	0:34:33	1:20:34	0:51:37	2:46:44
44	M 35+	Joel	Palmer	Vergennes	VT	0:31:05	1:28:02	0:49:44	2:48:51
39	M 35+	Kevin	Pascoe	Wilmington	NH	0:40:43	1:35:48	0:41:50	2:58:21
38	M 35+	Mark	Burns	Essex Junction	VT	0:35:38	1:38:06	0:46:30	3:00:14
47	M 40+	Michael	Gayda	Peru	VT	0:32:35	1:16:56	0:46:53	2:36:24
46	M 40+	Mark	Frayne	Glastonbury	CT	0:31:27	1:24:06	0:47:03	2:42:36
48	M 40+	Steve	Wood	Saratoga Springs	NY	0:28:32	1:26:44	0:50:07	2:45:23
50	M 40+	Robert	Cosinuke	Boston	MA	0:34:04	1:38:32	0:59:36	3:12:12
55	M 45+	Jeffrey	Schumann	Newington	CT	0:21:35	1:15:19	0:50:01	2:26:55
52	M 45+	Jeff	Cole	Voorheesville	NY	0:29:57	1:21:46	0:45:51	2:37:34
57	M 45+	Thomas	Cosinuke	Burlington	VT	0:29:00	1:41:39	0:59:29	3:10:08
56	M 45+	Andy	Pelletier	Concord	NH	0:34:26	1:49:38	1:00:40	3:24:44
53	M 45+	Robert	Ingersoll	Menands	NY	0:50:19	2:14:01	0:56:48	4:01:08
62	M 50+	Michael	Mason	Northfield	VT	0:31:48	1:19:45	0:41:43	2:33:16
59	M 50+	Tony	Maddaloni	Slingerlands	NY	0:31:14	1:25:20	0:44:09	2:40:43
60	M 50+	Jay	Shelgren	Valley Falls	NY	0:30:22	1:24:06	0:50:57	2:45:25
58	M 50+	Michael	Doud	Grapevine	TX	0:31:47	1:27:06	0:50:45	2:49:38
63	M 50+	Roger	Salmons	Fairport	NY	0:37:01	1:26:05	0:47:20	2:50:26
66	M 50+	John	Martin	Montpelier	VT	0:32:29	1:27:30	0:53:02	2:53:01
64	M 50+	Ken	McDonnell	Holden	MA	0:38:55	1:24:13	0:56:26	2:59:34
61	M 50+	Dave	Boggs	Arlington	MA	0:36:06	1:29:00	0:55:14	3:00:20
65	M 50+	Robert	Whiteley	Somers	CT	0:41:03	1:32:35	1:02:35	3:16:13
69	M 55+	Richard	Erenstone	Lake Placid	NY	0:28:05	1:19:54	0:49:29	2:37:28
68	M 55+	Bill	Taylor	Gansevoort	NY	0:32:38	1:23:07	0:51:15	2:47:00
67	M 55+	Jim	Adams	Altona	NY	0:31:57	1:26:13	0:54:14	2:52:24
70	M 60+	Hugh	Dunseath	Clifton Park	NY	0:25:36	1:23:57	0:44:36	2:34:09
71	M 65+	Jack	Carlock	Chester	VT	0:37:38	1:36:16	0:52:32	3:06:26
72	M 70+	Richard	Johndrow, Sr.	Ticonderoga	NY	0:53:17	1:36:05	1:07:38	3:37:00
73	MIX 40+	Team	Penn Co.	Brooklyn	NY	0:34:49	1:39:38	1:05:59	3:20:26
74	MIX 40+	Team	Slugbusters	Ferrisburg	VT	0:30:00	1:11:43	0:47:34	2:29:17
77	MIX 40+	Team	Foliage	Randolph	VT	0:33:04	1:21:26	0:54:31	2:49:01
75.	MIX 40-	Team	Generation Gap	Troy	NY	0:21:22	1:25:29	0:46:08	2:32:59