

FORMERLY → VERMONT STATE TRIATHLON
Swim - .9mi / Bike - 28mi / Run - 6.2mi

SUNDAY, JULY 23, 2006
LAKE DUNMORE TRIATHLON

8:00 AM

Place No.	Name	Race	Div	Rank	Swim .9	Trans1	Rank	Bike 28	Trans2	Rank	Run 6.2	Final
1	DARBY THOMAS	I	M2024	13	27:14	1:10	1	1:06:55	0:33	4	37:54	2:13:4
2	DARREN OGILVIE	I	M2024	4	23:42	0:43	4	1:14:50	0:26	8	39:52	2:19:3
3	JIM ARNOLD	T	XTEAM	9	25:36	0:53	8	1:17:10	0:24	3	37:46	2:21:4
4	ELIJAH BARRETT	I	M3034	27	28:26	0:47	5	1:16:21	0:25	2	36:44	2:22:4
5	DAMIEN CALLAHAN	I	M2529	22	28:14	1:03	2	1:11:00	1:58	9	40:51	2:23:0
6	GRAYDON ALMSTEDT	I	M3539	26	28:21	1:09	3	1:14:46	0:35	7	39:40	2:24:2
7	STEVE HARE	I	M4549	8	24:34	0:54	9	1:17:58	0:45	12	41:49	2:25:5
8	CHIP MARTIN	I	M4044	10	26:12	0:43	7	1:16:38	0:51	18	42:30	2:26:5
9	ERIK COLE-JOHNSON	I	M3034	23	28:17	1:03	11	1:18:56	0:45	6	39:33	2:28:3
10	SCOTT EAVENSON	I	M5559	21	28:04	1:24	6	1:16:24	0:54	14	41:58	2:28:4
11	NICHOLAS WATSON	I	M3034	37	30:13	0:58	14	1:20:38	1:03	1	36:05	2:28:5
12	JEFFREY SCHUMANN	I	M4549	3	23:42	0:58	13	1:20:31	1:01	24	43:29	2:29:3
13	SALIM HAJI	I	M3034	7	24:31	1:34	24	1:24:06	0:53	11	40:57	2:31:5
14	BARNEY HODGES	I	M3539	32	29:36	1:02	12	1:19:55	1:01	13	41:57	2:33:2
15	JESSIE DONAVAN	I	F3034	46	31:08	0:55	10	1:18:01	0:39	20	43:05	2:33:4
16	CHRISTOPHER LIN	I	M2024	2	23:17	1:54	35	1:27:26	1:27	16	42:17	2:36:1
17	DOUGLAS LEWIS	I	M4044	29	28:32	1:43	16	1:22:49	1:24	17	42:21	2:36:4
18	ALBERT PRESCOTT	T	MTEAM	5	23:56	0:30	22	1:23:50	0:29	67	50:49	2:39:3
19	POLI NIGHTINGALE	I	M3034	47	31:23	1:15	19	1:23:42	1:31	15	42:01	2:39:4
20	DOT MARTIN	I	F4549	35	30:01	1:14	29	1:26:04	0:43	21	43:14	2:41:1
21	JANELLE LANG	I	F2529	49	31:31	0:48	18	1:23:04	0:33	36	45:42	2:41:3
22	CHUCK LANDRY	I	M5054	52	31:54	1:16	21	1:23:48	0:51	38	45:46	2:43:3
23	LOU BEVACQUI	I	M3539	40	30:46	2:43	25	1:24:37	1:16	30	44:22	2:43:4
24	CHRIS WILLIAMSON	I	M3034	24	28:19	1:42	44	1:28:48	1:07	27	43:58	2:43:5
25	AUBREY FLESZAR	I	F2529	11	26:40	1:22	41	1:28:39	0:56	43	46:38	2:44:1
26	ANDY ZUCCOTTI	I	M3539	68	33:43	1:02	17	1:22:50	0:39	42	46:30	2:44:4
27	MARK BOLES	I	M2024	103	38:36	0:56	28	1:25:44	0:22	5	39:31	2:45:0
28	DOUG ROBINSON	T	MTEAM	65	33:18	1:01	34	1:27:23	0:25	22	43:19	2:45:2
29	BRAD ELLIOTT	I	M4044	53	31:56	1:55	23	1:23:56	2:17	37	45:45	2:45:4
30	KAREN NEWMAN	I	F4549	16	27:30	1:06	58	1:32:20	0:54	29	44:05	2:45:5
31	ANDREW GYVES	I	M2529	76	34:40	1:01	30	1:26:05	1:11	23	43:24	2:46:1
32	JOSCELYN COOLICAN	I	F3034	51	31:50	1:26	37	1:27:45	1:03	32	44:25	2:46:2
33	JAMES FARRINGTON	I	M3539	39	30:34	1:26	60	1:32:32	1:25	10	40:53	2:46:4
34	TORI DUCHESNEAU	T	FTEAM	14	27:16	0:43	73	1:35:17	1:06	19	42:54	2:47:1
35	JEFF WOOD	I	M3539	81	35:03	1:41	15	1:22:11	0:56	47	47:37	2:47:2
36	RON SCHILDFE	I	M2529	73	34:12	2:48	20	1:23:43	0:57	39	45:56	2:47:3
37	FIONA GREIG	I	F2529	31	29:07	1:25	51	1:30:44	0:58	44	46:45	2:48:5
38	ALICE HENRIQUES	I	F2529	1	23:10	1:48	55	1:31:48	1:03	71	51:32	2:49:2
39	ERIC ROBINSON	I	M2024	66	33:19	1:34	27	1:25:22	1:43	49	48:01	2:49:5

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Place No.	Name	Race	Div	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
40	25 ROBERT LEE	I	M3034	70	33:54	4:18	31	1:26:13	2:26	28	44:04	2:50:5
41	48 RON POITRAS	I	M4044	63	33:09	1:59	39	1:28:32	1:07	45	46:49	2:51:3
42	110 DIANE DUELFER	I	F4549	30	28:35	2:57	49	1:29:36	2:23	50	48:07	2:51:3
43	145 JASON WULFF	I	M2529	43	30:58	1:59	40	1:28:33	1:06	56	49:12	2:51:4
44	119 SANDRA REULET	T	XTEAM	100	38:01	0:36	36	1:27:45	0:30	33	44:58	2:51:4
45	23 JAMES HARNISH	I	M3034	19	27:45	1:40	33	1:27:22	1:21	83	54:45	2:52:5
46	134 MATTHEW JAQUISH	I	M2024	91	36:43	1:56	45	1:28:51	1:47	26	43:57	2:53:1
47	64 BILL TAYLOR	I	M5559	64	33:16	1:26	32	1:26:30	1:45	60	50:26	2:53:2
48	127 MICHAEL HERRING	I	M4044	60	33:01	2:43	26	1:24:40	0:58	75	52:05	2:53:2
49	67 ILKE VAN GENECHTEN	I	F2024	79	34:49	1:37	43	1:28:46	0:57	53	48:49	2:54:5
50	81 MARIANA LARA PLANAS	I	F3034	77	34:42	2:27	53	1:30:59	0:56	40	46:19	2:55:2
51	24 DANIEL RAUSCH	I	M3034	48	31:29	1:39	69	1:34:20	1:04	46	46:55	2:55:2
52	62 DAVID DYER	I	M5559	36	30:01	1:09	47	1:29:19	1:28	79	54:09	2:56:0
53	91 JULIE POKELA	I	F3539	15	27:24	1:23	54	1:31:33	1:32	85	55:20	2:57:1
54	94 CHRISTINE GIUMMO	I	F3539	18	27:43	3:36	66	1:33:50	1:41	61	50:35	2:57:2
55	38 EDWARD EPPLER	I	M4044	83	35:17	2:11	48	1:29:32	1:14	57	49:13	2:57:2
56	149 DAVE DONAHUE	T	XTEAM	55	32:18	0:43	67	1:33:53	0:25	62	50:38	2:57:5
57	120 MARY VAL PALUMBO	T	FTEAM	71	34:01	0:42	57	1:32:18	0:33	66	50:46	2:58:1
58	36 SCOTT LELAND	T	M3539	94	37:05	1:38	63	1:33:31	1:17	34	44:58	2:58:2
59	123 REBECCA TATEL	T	XTEAM	44	31:00	0:46	42	1:28:39	0:36	95	58:08	2:59:0
60	98 SUSAN FRANKLE	I	F4044	56	32:38	2:12	79	1:35:53	2:12	41	46:27	2:59:1
61	60 JOHN MARTIN	I	M5054	84	35:26	1:53	52	1:30:58	1:17	70	51:19	3:00:5
62	70 EMMA BRUNSKILL	I	F2529	17	27:37	1:55	78	1:35:49	1:02	81	54:31	3:00:5
63	140 DAN SHEPS	T	XTEAM	38	30:21	0:33	96	1:41:02	0:25	55	48:59	3:01:1
64	79 APRIL CANNON	I	F3034	69	33:46	1:50	68	1:33:58	1:13	65	50:44	3:01:2
65	148 PATRICE TURRIVIA	I	F3539	90	36:33	1:55	61	1:32:49	1:14	58	49:21	3:01:5
66	45 DAVID HEWETT	I	M4044	61	33:05	2:08	59	1:32:28	1:33	76	52:45	3:01:5
67	43 JOHN EDWARDS	I	M4044	107	39:35	2:26	38	1:28:20	2:02	63	50:40	3:03:0
68	125 JAMIE MCBRIDE	I	F2529	20	27:47	1:52	89	1:39:19	2:47	72	51:38	3:03:2
69	21 TODD TURNER	I	M3034	72	34:02	3:21	80	1:35:56	1:31	54	48:52	3:03:4
70	136 PAT CONSOLATTI	I	F4044	92	36:50	2:53	71	1:34:40	1:26	51	48:08	3:03:5
71	52 JIM GROTT	I	M4549	75	34:18	2:17	70	1:34:24	2:29	68	51:02	3:04:2
72	126 LINN LARSON	I	F4549	54	32:12	2:02	46	1:28:52	2:32	96	59:00	3:04:3
73	71 KATIE BLACK	I	F2529	12	26:44	1:42	88	1:39:00	2:00	86	55:34	3:04:5
74	12 MATT CHAMBERLAIN	I	M2024	97	37:22	1:20	99	1:41:29	1:01	25	43:50	3:05:0
75	139 JOANIE DONAHUE	T	FTEAM	74	34:15	0:39	92	1:40:28	0:26	59	50:10	3:05:5
76	117 ANDREW DUFF	T	XTEAM	59	32:55	0:43	95	1:40:59	0:31	73	51:39	3:06:4
77	111 LYNN KAPUSTA	I	F4549	58	32:49	2:40	75	1:35:31	1:40	82	54:31	3:07:0
78	41 JAMES ASHENFELTER	I	M4044	113	42:28	2:31	65	1:33:44	1:00	48	48:00	3:07:4

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Place No.	Name	Race	Div	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
79	59 JACK COURTNEY	I	M5054	6	24:03	2:20	102	1:42:27	2:41	91	56:46	3:08:11
80	129 MICHAELA RYAN	I	F3539	78	34:46	1:24	85	1:37:43	1:17	78	53:55	3:09:00
81	9 DANIEL HOYT	I	M2024	50	31:34	3:41	77	1:35:42	3:38	84	54:47	3:09:11
82	107 CHRISTINE BUSH	I	F4044	96	37:20	1:56	105	1:43:46	1:33	35	45:15	3:09:44
83	92 JENNIFER MUTO	I	F3539	88	36:19	1:32	62	1:33:26	2:07	89	56:30	3:09:55
84	65 BRADLEY HOSMER	I	M6569	62	33:07	1:35	50	1:30:19	1:09	113	1:03:58	3:10:00
85	147 KURT KRUPNICK	I	M3539	115	43:01	5:58	72	1:34:57	2:38	31	44:22	3:10:55
86	137 CHRISTOPHER LACEY	I	M3539	85	35:34	2:13	81	1:36:18	2:51	80	54:17	3:11:11
87	101 ELIZABETH WILLIAMS	I	F4044	98	37:33	1:40	64	1:33:34	1:17	93	57:24	3:11:22
88	74 KATHERINE MARTIN	I	F2529	25	28:19	2:38	86	1:38:16	1:34	105	1:02:44	3:13:22
89	89 BLYTHE MCGOWAN	I	F3034	87	36:17	3:14	104	1:43:44	2:18	52	48:23	3:13:55
90	39 RICHARD CRAIG	I	M4044	82	35:09	2:43	83	1:36:58	2:24	94	57:31	3:14:44
91	63 JOHN IZZO	I	M5559	111	41:06	3:35	84	1:37:13	1:25	74	52:00	3:15:11
92	100 CARLA CHANDLER	I	F4044	119	44:46	2:40	74	1:35:22	1:33	69	51:18	3:15:33
93	11 WILLIAM WHELAN	I	M2024	45	31:07	3:50	109	1:44:21	0:53	92	56:52	3:17:00
94	146 PATRICK NOBLE	I	M5054	114	42:37	1:55	56	1:32:03	1:44	98	59:19	3:17:33
95	56 MARK MCGOWAN	I	M5054	123	50:02	1:41	76	1:35:41	1:08	64	50:43	3:19:11
96	20 MATT FASULO	I	M3034	105	39:21	2:21	94	1:40:53	2:02	88	56:10	3:20:44
97	105 CINDY DELANEY	I	F4044	41	30:53	2:26	116	1:47:07	1:28	97	59:07	3:21:00
98	122 AMANDA HOLLAND	T	FTEAM	33	29:37	0:47	121	1:56:33	0:59	77	53:23	3:21:11
99	69 JULIE BONK	I	F2529	95	37:07	2:33	107	1:43:52	1:13	90	56:46	3:21:22
100	77 LEIGH VAN DUSEN	I	F2529	34	29:58	3:22	106	1:43:50	2:38	103	1:02:03	3:21:44
101	102 KATHLEEN MCELHENNY	I	F4044	118	44:45	2:48	100	1:41:33	0:53	87	55:49	3:25:44
102	103 ABBE KARMEN	I	F4044	57	32:44	1:54	115	1:47:00	2:07	107	1:03:04	3:26:44
103	143 DANA EHRLICH	I	M3034	106	39:23	4:14	91	1:40:25	1:37	101	1:01:14	3:26:55
104	75 JESSICA MITCHELL	I	F2529	110	40:35	2:13	101	1:42:12	1:43	100	1:00:51	3:27:33
105	113 PATRICIA MALMGREN	I	F5054	102	38:36	1:19	98	1:41:28	1:21	115	1:05:05	3:27:44
106	109 GINNY RICHBURG	I	F4549	101	38:21	2:47	113	1:46:03	1:18	99	1:00:47	3:29:11
107	34 JESSE GIUMMO	I	M3539	99	37:34	4:26	108	1:44:01	2:45	108	1:03:08	3:31:55
108	44 HUGH BENTLEY	I	M4044	86	35:49	2:29	111	1:45:40	1:38	117	1:08:08	3:33:44
109	58 CURTIS DROWN	I	M5054	42	30:57	2:50	112	1:45:47	3:38	120	1:10:53	3:34:00
110	84 DINA RUFO	I	F3034	67	33:32	2:08	119	1:51:03	1:13	116	1:06:56	3:34:55
111	144 SHARMAN LAPPIN	I	F5054	80	34:54	2:07	117	1:48:02	2:12	118	1:09:35	3:36:44
112	106 MARY MCCORMACK	I	F4044	125	54:45	1:55	82	1:36:58	0:44	104	1:02:44	3:37:00
113	61 STEVE CARUTH	I	M5559	122	47:44	5:13	90	1:39:51	2:09	110	1:03:39	3:38:33
114	104 JULIA OGDEN	I	F4044	93	37:01	3:11	120	1:54:40	2:55	102	1:01:51	3:39:33
115	82 MONIQUE RENTA	I	F3034	89	36:30	2:11	122	1:57:15	1:37	109	1:03:18	3:40:55
116	115 CHRISTINE MCKNIGHT	I	F5559	121	46:05	2:42	118	1:48:05	1:23	114	1:04:50	3:43:00
117	42 MICHAEL WEST	I	M4044	112	41:37	15:06	87	1:38:31	6:16	112	1:03:43	3:45:11

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SALISBURY, VT SUNDAY, JULY 23, 2006 8:00 AM

. INCLUDE		HEADER9										
Place No.	Name	Race	Div	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Final
118	40 THOMAS HARTIGAN	I	M4044	124	53:03	3:57	93	1:40:43	3:48	111	1:03:42	3:45:1
119	108 DOTTY MARTIN	I	F4549	108	40:10	5:02	114	1:46:27	4:21	119	1:10:21	3:46:2
120	112 CATHY TAYLOR	I	F4549	116	44:07	2:46	110	1:45:02	3:28	123	1:16:03	3:51:2
121	138 HEATHER YANOFSKI	I	F4549	104	39:03	2:36	123	1:58:21	2:04	122	1:14:08	3:56:1
122	54 FORREST WHITCHER	I	M5054	117	44:30	2:44	103	1:43:24	2:59	125	1:23:38	3:57:1
123	97 JANE LATIES	I	F4044	109	40:13	5:54	126	2:10:16	2:59	106	1:02:54	4:02:1
124	66 RICHARD JOHNDROW	I	M7099	127	1:05:28	5:44	97	1:41:16	2:57	121	1:13:40	4:09:0
125	85 ERICA GREEN	I	F3034	120	44:55	3:59	125	2:05:16	2:13	126	1:26:25	4:22:4
126	96 GIULIANA LONIGRO	I	F4044	126	57:05	4:33	124	2:01:29	2:16	124	1:23:04	4:28:2
127	31 JOHN ROTH	I	M3539	28	28:27	2:43						