



Middlebury Duathlon - 5/22/99

Run 1-Mile / Bike 21-Miles / Run 5.7-Miles

Bib Class First Name Last Name City State Run Bike Run Total Time

Top 5 Females

14	F 25+	Daenen	Norris	New Haven	VT	0:07:10	1:01:28	0:47:32	1:49:00
2	F 35+	Dorothy	Martin	Barre	VT	0:06:45	1:04:16	0:45:54	1:50:10
16	F 30+	Karen	Curtis	Bethel	ME	0:07:02	1:04:04	0:49:54	1:53:58
6	F 30+	Claire	Van Buren	New Haven	VT	0:07:01	1:03:38	0:51:18	1:54:56
18	F 35+	Jackie	Simonsen	St. Albans Bay	VT	0:06:56	1:08:03	0:47:47	1:55:50

7	F 20+	Jen	Flanders	Milford	NH	0:07:40	1:18:25	0:55:35	2:14:00
9	F 20+	Samantha	Jacobson	NY	NY	0:07:59	1:21:13	0:57:09	2:18:22
12	F 25+	Michelle	Cournoyer	Moretown	VT	0:07:44	1:06:24	0:50:35	1:56:59
13	F 25+	Amy	Starer	Burlington	VT	0:07:34	1:11:21	0:54:59	2:06:20
10	F 25+	Jennifer	Cummings	St. Albans	VT	0:07:39	1:11:48	0:57:13	2:09:01
17	F 30+	Holly	Shapiro	Crugers	NY	0:08:00	1:12:12	0:57:57	2:10:09
54	F 40+	Caryn	Etherington	Middlebury	VT	0:07:58	1:10:27	0:53:27	2:03:54
20	F 40+	Cathy	Taylor	Gansevoort	NY	0:09:23	1:11:34	1:03:44	2:15:18
21	F 45+	Jo-Ann	Spinelli	Latham	NY	0:07:54	1:15:35	0:52:31	2:08:06
22	F 50+	Christine	McKnight	Schuylerville	NY	0:09:49	1:28:42	1:07:35	2:36:17

Top 5 Male

5	M 25+	T.J.	Sabotka	Rutland	VT	0:06:00	0:56:22	0:40:09	1:36:31
26	M 20+	Maxfield	English	Morrisville	VT	0:06:22	0:59:16	0:39:47	1:39:03
1	M 35+	John	Parks	Peru	NY	0:06:02	0:57:50	0:43:45	1:41:35
29	M 30+	Andy	Parsons	Burlington	VT	0:06:16	0:58:53	0:43:46	1:42:39
35	M 35+	Larry	O'Toole	Warren	VT	0:05:46	1:01:16	0:43:18	1:44:34

25	M 20+	Brennan	Gerster	Rye	NY	0:05:47	1:03:03	0:45:58	1:49:01
23	M 20+	Dan	Bennett	S. Royalton	VT	0:07:43	1:10:01	0:55:08	2:05:09
24	M 20+	Scott	Tommola	Rutland	VT	0:07:03	1:09:59	0:59:38	2:09:37
53	M 25+	Brian	Burr	Saratoga Springs	NY	0:06:51	1:00:43	0:47:48	1:48:31
56	M 25+	Mike	Bessette	St. Albans	VT	0:07:09	1:07:22	0:49:12	1:56:34
28	M 25+	Dan	Studebaker	Brookline	MA	0:07:15	1:10:09	0:48:31	1:58:40
27	M 25+	Larry	Silva, Jr.	Tewksbury	MA	0:08:36	1:09:39	1:05:05	2:14:44
30	M 30+	Jeffrey	Wilson	Leominster	MA	0:05:44	1:06:36	0:41:37	1:48:13

33	M 35+	Howard	Polden	Crompond	NY	0:06:39	0:58:11	0:47:21	1:45:32
38	M 35+	Jay	Cummings	St. Albans	VT	0:06:42	0:58:40	0:50:07	1:48:47
37	M 35+	Phillip	Borgese	Niskayuna	NY	0:07:10	1:05:04	0:47:56	1:53:00
36	M 35+	Craig	Wood	Proctor	VT	0:07:46	1:06:07	0:57:48	2:03:55
32	M 35+	Scott	Prom	Shelburne	VT	0:07:08	1:14:07	0:52:11	2:06:18

3	M 40+	Steve	Hare	Middlebury	VT	0:06:07	1:10:22	0:42:06	1:52:28
40	M 40+	Jeff	Jackson	Shelburne	VT	0:07:18	1:03:10	0:51:39	1:54:49
55	M 40+	John	Robinson	Springfield	VT	0:07:13	1:05:39	0:54:18	1:59:57
41	M 40+	John	Kenny	Nichols	NY	0:07:06	1:10:58	0:52:03	2:03:01
44	M 45+	Clifford	Strom	Saratoga Springs	NY	0:07:04	1:06:44	0:50:08	1:56:52
42	M 45+	John	Martin	Barre	VT	0:07:21	1:05:23	0:51:58	1:57:21
43	M 45+	Bruce	Westcott	Montpelier	VT	0:07:42	1:15:01	0:53:37	2:08:38

47	M 50+	Bill	Lorenz	Richmond	VT	0:07:56	0:00:00	0:00:00	0:07:56
49	M 50+	John	Hackney	Randolph	VT	0:06:50	1:07:17	0:43:46	1:51:03
46	M 50+	Bill	Taylor	Gansevoort	NY	0:07:55	1:05:48	0:49:24	1:55:12
50	M 55+	Fred	Thompson	North Adams	MA	0:07:20	0:59:05	0:54:10	1:53:15
51	M 60+	John	Sutherland	Cheshire	CT	0:08:09	1:15:14	0:59:36	2:14:50
52	MT 40-	Bob	Morton	Jericho	VT	0:06:08	1:10:47	0:51:46	2:02:33

12	F 25+	Christine	Muknight	Greenwich	NY	0:07:48	1:28:42	1:07:38	2:36:11
11	F 25+	John	Parsons	Brookline	MA	0:07:54	1:18:36	0:52:31	2:08:08
10	F 25+	Andy	Parsons	Burlington	VT	0:08:23	1:11:34	1:02:44	2:18:18
9	F 25+	Maxfield	English	Montpelier	VT	0:08:23	1:08:22	0:58:18	2:08:03
8	M 20+	L.L.	Stoll	Killbuck	VT	0:08:09	0:58:22	0:40:09	1:56:31

28	M 20+	Scott	Tommska	Waltham	VT	0:07:03	1:08:58	0:58:38	2:00:57
29	M 20+	Dan	Borness	S. Ferrisburgh	VT	0:07:43	1:10:01	0:58:08	2:08:08
30	M 20+	Shawn	Garron	Rye	NY	0:08:47	1:03:03	0:48:58	1:49:01

31	M 20+	Dan	Stubbins	Brookline	MA	0:07:18	1:10:08	0:48:31	1:58:40
32	M 20+	John	Parsons	Burlington	VT	0:08:15	0:58:53	0:42:46	1:42:36
33	M 20+	Larry	O'Toole	Wrentham	VT	0:08:46	1:01:58	0:43:18	1:44:31

34	M 20+	Shawn	Garron	Rye	NY	0:08:47	1:03:03	0:48:58	1:49:01
35	M 20+	Dan	Borness	S. Ferrisburgh	VT	0:07:43	1:10:01	0:58:08	2:08:08
36	M 20+	Shawn	Garron	Rye	NY	0:08:47	1:03:03	0:48:58	1:49:01