

# Vermont State Triathlon Championships -8/26/00

## .5-mile Swim, 24-mile Bike, 5-mile Run

| Bib . Class         | First | Last      | City        | St            | Swim | Bike    | Run     | Total   |         |
|---------------------|-------|-----------|-------------|---------------|------|---------|---------|---------|---------|
| <b>Top 5 Female</b> |       |           |             |               |      |         |         |         |         |
| 5                   | F 35+ | Laurie    | Sigloch     | Sunderland    | VT   | 0:13:19 | 1:03:05 | 0:32:41 | 1:49:05 |
| 29                  | F 30+ | Jennifer  | Miller      | Burlington    | VT   | 0:12:56 | 1:05:27 | 0:33:57 | 1:52:20 |
| 7                   | F 35+ | Pam       | Trainer     | Ludlow        | VT   | 0:15:58 | 1:06:21 | 0:34:08 | 1:56:27 |
| 8                   | F 25+ | Sara      | Duchesne    | Corner Brook  | NF   | 0:13:32 | 1:07:33 | 0:37:04 | 1:58:09 |
| 6                   | F 30+ | Melissa   | Smith       | N. Bennington | VT   | 0:15:34 | 1:08:38 | 0:35:25 | 1:59:37 |
| 9                   | F 15+ | Emily     | Blake       | Norwich       | VT   | 0:19:20 | 1:22:59 | 0:44:34 | 2:26:53 |
| 10                  | F 15+ | Margaret  | Morris      | Lynn          | MA   | 0:12:38 | 1:23:24 | 0:53:43 | 2:29:45 |
| 11                  | F 20+ | Jessie    | Donavan     | Burlington    | VT   | 0:17:45 | 1:10:06 | 0:39:48 | 2:07:39 |
| 14                  | F 20+ | Elizabeth | Taylor      | Willsborough  | NY   | 0:19:58 | 1:13:48 | 0:45:26 | 2:19:12 |
| 12                  | F 20+ | Ashley    | Archer      | Portsmouth    | NH   | 0:16:00 | 1:36:18 | 0:44:23 | 2:36:41 |
| 25                  | F 25+ | Heidi     | Wheeler     | Brookline     | MA   | 0:18:33 | 1:11:39 | 0:40:15 | 2:10:27 |
| 27                  | F 25+ | Amy       | Gifford     | Winooski      | VT   | 0:16:54 | 1:17:13 | 0:38:48 | 2:12:55 |
| 26                  | F 25+ | Meredith  | Laban       | Boston        | MA   | 0:13:43 | 1:20:53 | 0:41:00 | 2:15:36 |
| 19                  | F 25+ | Cheryl    | Fuller      | Killington    | VT   | 0:17:06 | 1:20:14 | 0:40:13 | 2:17:33 |
| 23                  | F 25+ | Aurora    | Lamperetta  | Saratoga      | NY   | 0:19:33 | 1:17:52 | 0:43:53 | 2:21:18 |
| 24                  | F 25+ | Happy     | Hazelton    | Hanover       | NH   | 0:16:33 | 1:24:04 | 0:46:59 | 2:27:36 |
| 22                  | F 25+ | Heather   | Rubinstein  | Albany        | NY   | 0:19:31 | 1:26:45 | 0:51:16 | 2:37:32 |
| 20                  | F 25+ | Tara      | Brown       | Roslindale    | MA   | 0:19:09 | 1:32:55 | 0:46:01 | 2:38:05 |
| 18                  | F 25+ | Julie     | Stevenson   | Hanover       | NH   | 0:20:26 | 1:49:23 | 0:55:27 | 3:05:16 |
| 21                  | F 25+ | Kiersa    | J. Chappell | Saratoga Spgs | NY   | 0:14:13 | 0:00:00 | 0:00:00 | DNF     |
| 31                  | F 30+ | Heidi     | Underwood   | Cattskill Bay | NY   | 0:16:04 | 1:11:48 | 0:33:33 | 2:01:25 |
| 34                  | F 30+ | Mina      | Samuels     | Castleton     | VT   | 0:13:26 | 1:14:30 | 0:34:30 | 2:02:26 |
| 35                  | F 30+ | Clover    | Schwartz    | Gansevoort    | NY   | 0:17:41 | 1:20:54 | 0:39:43 | 2:18:18 |
| 30                  | F 30+ | Pamela    | Delsignore  | Ballston Spa  | NY   | 0:19:04 | 1:22:34 | 0:41:00 | 2:22:38 |
| 32                  | F 30+ | Michaela  | Ryan        | Burlington    | VT   | 0:17:54 | 1:25:02 | 0:43:04 | 2:26:00 |
| 28                  | F 30+ | Liza      | Clinton     | Nahant        | MA   | 0:19:05 | 1:29:36 | 0:47:59 | 2:36:40 |
| 33                  | F 30+ | Jennifer  | Wu          | Washington    | DC   | 0:18:27 | 0:00:00 | 0:00:00 | 2:55:04 |
| 38                  | F 35+ | Thora     | Pomicter    | Shelburne     | VT   | 0:18:07 | 1:13:00 | 0:42:48 | 2:13:55 |
| 37                  | F 35+ | Lucretia  | Wells       | New Lebanon   | NY   | 0:17:10 | 1:18:54 | 0:44:29 | 2:20:33 |
| 42                  | F 35+ | Nicole    | Dodge       | Bennington    | VT   | 0:19:01 | 1:20:50 | 0:41:01 | 2:20:52 |
| 36                  | F 35+ | Susan     | McKeon      | Berwyn        | PA   | 0:17:39 | 1:31:42 | 0:42:31 | 2:31:52 |
| 41                  | F 35+ | Caroline  | Sweeney     | Wayne         | PA   | 0:16:48 | 1:31:46 | 0:51:11 | 2:39:45 |
| 40                  | F 35+ | Sally     | Mahon       | LIC           | NY   | 0:22:19 | 1:52:47 | 0:53:09 | 3:08:15 |
| 46                  | F 40+ | Linn      | Larson      | Middlebury    | VT   | 0:14:02 | 1:11:04 | 0:41:11 | 2:06:17 |
| 49                  | F 40+ | Edie      | Miskewicz   | Delmar        | NY   | 0:18:22 | 1:18:22 | 0:41:21 | 2:18:05 |
| 44                  | F 40+ | Cathy     | Taylor      | Gansevoort    | NY   | 0:18:35 | 1:17:37 | 0:48:53 | 2:25:05 |
| 48                  | F 40+ | Melinda   | Shiner      | Lovettsville  | VA   | 0:17:42 | 1:30:46 | 0:43:32 | 2:32:00 |
| 47                  | F 40+ | Deborah   | Glazer      | Lebanon       | NH   | 0:19:49 | 1:28:35 | 0:52:32 | 2:40:56 |
| 43                  | F 40+ | Candace   | Blasé       | Montpelier    | VT   | 0:19:03 | 1:28:16 | 0:58:12 | 2:45:31 |
| 51                  | F 45+ | Dorothy   | Barry       | Corner Brook  | NF   | 0:19:23 | 1:17:43 | 0:49:33 | 2:26:39 |
| 50                  | F 45+ | Barbara   | Tomchin     | New York      | NY   | 0:17:03 | 1:31:27 | 0:41:57 | 2:30:27 |
| 52                  | F 45+ | Mary Jane | Dubner      | Easton        | CT   | 0:23:21 | 1:47:04 | 1:01:09 | 3:11:34 |

|     |        |           |             |               |    |         |         |         |         |
|-----|--------|-----------|-------------|---------------|----|---------|---------|---------|---------|
| 56  | F 50+  | Sheila    | Seaward     | Corner Brook  | NF | 0:17:28 | 1:14:11 | 0:41:00 | 2:12:39 |
| 54  | F 50+  | Sharon    | Dobbyn      | Winthrop      | MA | 0:17:26 | 1:25:46 | 0:41:51 | 2:25:03 |
| 55  | F 50+  | Christine | McKnight    | Schuylerville | NY | 0:21:43 | 1:36:45 | 0:54:15 | 2:52:43 |
| 57  | F 60+  | Carolyn   | Sundeman    | Whiting       | VT | 0:19:34 | 1:19:18 | 0:42:45 | 2:21:37 |
| 192 | FT 40+ | Team      | Fairways II | Gansevoort    | NY | 0:17:48 | 1:38:10 | 0:53:43 | 2:49:41 |

### Top 5 Male

|     |       |         |           |              |    |         |         |         |         |
|-----|-------|---------|-----------|--------------|----|---------|---------|---------|---------|
| 82  | M 30+ | Martin  | Duchesne  | Corner Brook | NF | 0:10:42 | 1:01:28 | 0:30:04 | 1:42:14 |
| 97  | M 30+ | Don     | Kjelleren | Shelburne    | VT | 0:11:22 | 0:59:46 | 0:31:20 | 1:42:28 |
| 3   | M 40+ | Steve   | Hare      | Middlebury   | VT | 0:11:20 | 1:00:40 | 0:31:26 | 1:43:26 |
| 143 | M 45+ | Charles | Cowan     | Lake Placid  | NY | 0:11:34 | 1:03:25 | 0:29:53 | 1:44:52 |
| 1   | M 20+ | John    | Spinney   | Williston    | VT | 0:13:00 | 1:03:35 | 0:31:12 | 1:47:47 |

|    |       |          |           |                  |     |         |         |         |         |
|----|-------|----------|-----------|------------------|-----|---------|---------|---------|---------|
| 60 | M 15+ | Joseph   | Barry     | Corner Brook     | NF  | 0:12:14 | 1:04:40 | 0:34:07 | 1:51:01 |
| 59 | M 15+ | Nathan   | Morris    | Castleton        | VT  | 0:11:28 | 1:06:26 | 0:37:44 | 1:55:38 |
| 64 | M 15+ | Darren   | Ogilvie   | Shelburne        | VT  | 0:14:39 | 1:06:24 | 0:38:21 | 1:59:24 |
| 62 | M 15+ | Rene     | Pronovost | M.-D. Ile Perrot | QUE | 0:15:40 | 1:14:49 | 0:41:41 | 2:12:10 |
| 63 | M 15+ | Benjamin | Walsh     | Richmond         | VT  | 0:15:50 | 1:20:31 | 0:40:21 | 2:16:42 |

|    |       |         |           |              |    |         |         |         |         |
|----|-------|---------|-----------|--------------|----|---------|---------|---------|---------|
| 72 | M 20+ | Matthew | Springer  | New Lebanon  | NY | 0:11:40 | 1:08:40 | 0:31:27 | 1:51:47 |
| 66 | M 20+ | Damien  | Callahan  | Kinderbrook  | NY | 0:16:27 | 1:04:44 | 0:37:35 | 1:58:46 |
| 69 | M 20+ | Kevin   | Haspela   | New Lebanon  | NY | 0:15:10 | 1:11:52 | 0:33:32 | 2:00:34 |
| 71 | M 20+ | Stewart | Taffe     | Poughkeepsie | NY | 0:13:31 | 1:11:04 | 0:40:09 | 2:04:44 |
| 65 | M 20+ | Evan    | Hollander | Lawrence     | NY | 0:14:48 | 1:17:12 | 0:41:03 | 2:13:03 |
| 70 | M 20+ | Edward  | Estabrook | Leveret      | MA | 0:20:29 | 1:14:18 | 0:38:32 | 2:13:19 |

|    |       |             |           |             |     |         |         |         |         |
|----|-------|-------------|-----------|-------------|-----|---------|---------|---------|---------|
| 4  | M 25+ | Patrick     | Fontaine  | Montreal    | QUE | 0:13:02 | 1:04:32 | 0:31:30 | 1:49:04 |
| 73 | M 25+ | Peter       | Schneider | Burlington  | VT  | 0:14:32 | 1:05:36 | 0:32:39 | 1:52:47 |
| 76 | M 25+ | Patrick     | Lowkes    | Waterbury   | VT  | 0:15:13 | 1:05:39 | 0:32:00 | 1:52:52 |
| 74 | M 25+ | Christopher | Davis     | Cambridge   | MA  | 0:13:15 | 1:08:19 | 0:34:16 | 1:55:50 |
| 75 | M 25+ | Terry       | Benson    | Glens Falls | NY  | 0:17:26 | 1:07:41 | 0:31:18 | 1:56:25 |
| 79 | M 25+ | William     | Hazlett   | Rochester   | NY  | 0:15:06 | 1:11:10 | 0:37:22 | 2:03:38 |
| 78 | M 25+ | Craig       | Daily     | Portsmouth  | NH  | 0:17:07 | 1:12:56 | 0:43:37 | 2:13:40 |
| 77 | M 25+ | Jason       | Gifford   | Winooski    | VT  | 0:00:00 | 0:00:00 | 0:00:00 | DNF     |

|     |       |        |           |                |    |         |         |         |         |
|-----|-------|--------|-----------|----------------|----|---------|---------|---------|---------|
| 88  | M 30+ | Steven | Urish     | Burlington     | VT | 0:12:35 | 1:04:41 | 0:32:00 | 1:49:16 |
| 80  | M 30+ | Jon    | Poissant  | Plattsburgh    | NY | 0:13:37 | 1:05:11 | 0:33:44 | 1:52:32 |
| 103 | M 30+ | Todd   | Drolette  | Burlington     | VT | 0:14:09 | 1:05:14 | 0:33:56 | 1:53:19 |
| 84  | M 30+ | Sean   | Luitjens  | Townsend       | MA | 0:13:44 | 1:06:13 | 0:34:00 | 1:53:57 |
| 86  | M 30+ | Randy  | Weintraub | Lawrence       | NY | 0:15:16 | 1:04:14 | 0:35:25 | 1:54:55 |
| 91  | M 30+ | Duncan | MacDonald | Jerico         | VT | 0:15:45 | 1:03:55 | 0:35:39 | 1:55:19 |
| 94  | M 30+ | Aaron  | Miller    | Blue Mtn. Lake | NY | 0:16:29 | 1:04:44 | 0:34:33 | 1:55:46 |
| 85  | M 30+ | Gary   | Morris    | Norfolk        | VA | 0:13:56 | 1:10:11 | 0:23:03 | 1:57:10 |
| 95  | M 30+ | Daniel | Ward      | Lynn           | MA | 0:16:31 | 1:07:55 | 0:33:15 | 1:57:41 |
| 96  | M 30+ | Ryan   | Phillips  | Burlington     | VT | 0:15:39 | 1:05:06 | 0:37:26 | 1:58:11 |
| 104 | M 30+ | Andy   | Zuccotti  | Rutland        | VT | 0:15:46 | 1:09:39 | 0:35:41 | 2:01:06 |
| 87  | M 30+ | Glenn  | Dunnigan  | Lynn           | MA | 0:15:32 | 1:10:21 | 0:37:53 | 2:03:46 |
| 89  | M 30+ | David  | Mullaney  | Haverford      | PA | 0:17:42 | 1:07:57 | 0:38:58 | 2:04:37 |
| 90  | M 30+ | Chris  | Jernigan  | Jefferson      | ME | 0:16:03 | 1:13:36 | 0:35:07 | 2:04:46 |
| 100 | M 30+ | John   | Mckelvey  | Gladwyne       | PA | 0:15:53 | 1:10:41 | 0:38:53 | 2:05:27 |

|     |       |         |                |                 |    |         |         |         |         |
|-----|-------|---------|----------------|-----------------|----|---------|---------|---------|---------|
| 92  | M 30+ | Rene    | Bruneau        | Bennington      | VT | 0:16:13 | 1:15:30 | 0:35:38 | 2:07:21 |
| 93  | M 30+ | Thomas  | Roberts Jr.    | Chazy           | NY | 0:15:36 | 1:14:14 | 0:41:48 | 2:11:38 |
| 81  | M 30+ | Robert  | Klinkhammer    | N. Chelmsford   | MA | 0:19:24 | 1:16:23 | 0:45:48 | 2:21:35 |
| 101 | M 30+ | Bill    | Learn          | Pownal          | VT | 0:16:39 | 1:24:58 | 0:41:28 | 2:23:05 |
| 83  | M 30+ | Jay     | Bouchard       | Morrisonville   | NY | 0:16:01 | 1:20:54 | 0:48:00 | 2:24:55 |
| 102 | M 30+ | Bruce   | Schwartzman    | Winchester      | MA | 0:20:26 | 1:27:49 | 0:37:42 | 2:25:57 |
| 99  | M 30+ | Kalli   | Federhofer     | Ann Arbor       | MI | 0:22:29 | 1:23:41 | 0:48:11 | 2:34:21 |
| 105 | M 30+ | Tim     | Wright         | Niskayuna       | NY | 0:18:45 | 1:37:43 | 0:44:27 | 2:40:55 |
|     |       |         |                |                 |    |         |         |         |         |
| 107 | M 35+ | Michael | Morgan         | Milton          | VT | 0:12:20 | 1:07:27 | 0:32:52 | 1:52:39 |
| 108 | M 35+ | Thomas  | Gelson         | Marion          | MA | 0:00:00 | 0:00:00 | 0:00:00 | 1:55:03 |
| 110 | M 35+ | Paul    | Guilmette      | Rutland         | VT | 0:15:11 | 1:05:41 | 0:34:21 | 1:55:13 |
| 122 | M 35+ | Ken     | Wells          | Lebanon         | NH | 0:15:13 | 1:07:30 | 0:32:50 | 1:55:33 |
| 121 | M 35+ | Daniel  | Courneene      | Plattsburgh     | NY | 0:13:15 | 1:11:57 | 0:37:19 | 2:02:31 |
| 118 | M 35+ | Sal     | Genovese       | Nahant          | MA | 0:20:30 | 1:16:21 | 0:33:56 | 2:10:47 |
| 113 | M 35+ | Anthony | Lawrence       | Fair Haven      | VT | 0:15:36 | 1:17:47 | 0:37:44 | 2:11:07 |
| 117 | M 35+ | John    | Ryan           | Marshfield      | MA | 0:12:38 | 1:15:55 | 0:43:10 | 2:11:43 |
| 188 | M 35+ | Jon     | Goodemote      | Gloversville    | NY | 0:18:45 | 1:17:20 | 0:37:02 | 2:13:07 |
| 114 | M 35+ | Jimmy   | Lanagan        | N. Dartmouth    | MA | 0:23:01 | 1:12:14 | 0:38:53 | 2:14:08 |
| 112 | M 35+ | Joel    | Palmer         | Vergennes       | VT | 0:20:14 | 1:15:54 | 0:38:50 | 2:14:58 |
| 120 | M 35+ | Steve   | Wood           | Saratoga Spgs   | NY | 0:14:00 | 1:22:41 | 0:39:51 | 2:16:32 |
| 193 | M 35+ | William | McClune        | Quincy          | MA | 0:20:03 | 1:20:58 | 0:36:08 | 2:17:09 |
| 119 | M 35+ | Peter   | Fascia         | Philadelphia    | PA | 0:17:26 | 1:19:03 | 0:43:03 | 2:19:32 |
| 111 | M 35+ | Glen    | Kriekenbeck    | Somerville      | MA | 0:16:35 | 1:21:12 | 0:43:23 | 2:21:10 |
| 115 | M 35+ | Michael | Adams          | Queensbury      | NY | 0:18:16 | 1:17:10 | 0:46:16 | 2:21:42 |
| 106 | M 35+ | Ron     | Rakow          | West Roxbury    | MA | 0:20:15 | 1:24:00 | 0:40:14 | 2:24:29 |
| 116 | M 35+ | Edward  | Brown          | Baltimore       | MD | 0:20:09 | 1:23:07 | 0:49:05 | 2:32:21 |
|     |       |         |                |                 |    |         |         |         |         |
| 134 | M 40+ | Brian   | Sullivan       | Bryn Mawr       | PA | 0:14:52 | 1:02:53 | 0:31:37 | 1:49:22 |
| 2   | M 40+ | Richard | Ruddock        | Troy            | NY | 0:11:33 | 1:04:45 | 0:33:34 | 1:49:52 |
| 127 | M 40+ | Kevin   | Whitney        | Newmarket       | NH | 0:11:50 | 1:04:38 | 0:35:03 | 1:51:31 |
| 138 | M 40+ | James   | Maguire        | Fort Washington | PA | 0:12:42 | 1:04:37 | 0:34:31 | 1:51:50 |
| 129 | M 40+ | Jeff    | Mullen         | Richmond        | VT | 0:13:48 | 1:06:45 | 0:34:04 | 1:54:37 |
| 130 | M 40+ | Greg    | Bombardier     | Colchester      | VT | 0:13:37 | 1:08:17 | 0:37:08 | 1:59:02 |
| 133 | M 40+ | Chris   | Ford           | Peru            | NY | 0:12:30 | 1:10:30 | 0:36:15 | 1:59:15 |
| 136 | M 40+ | Jeffrey | Schumann       | Newington       | CT | 0:14:35 | 1:07:20 | 0:40:54 | 2:02:49 |
| 123 | M 40+ | Sean    | Sweeney        | Wayne           | PA | 0:15:15 | 1:12:54 | 0:40:03 | 2:08:12 |
| 128 | M 40+ | John    | Miskewicz, Jr. | Delmar          | NY | 0:21:19 | 1:13:24 | 0:34:44 | 2:09:27 |
| 131 | M 40+ | Tim     | Gilbert        | Lebanon         | NH | 0:18:44 | 1:14:57 | 0:36:38 | 2:10:19 |
| 140 | M 40+ | Mark    | Brayton        | Medfield        | MA | 0:18:03 | 1:18:28 | 0:35:07 | 2:11:38 |
| 137 | M 40+ | Fred    | Miller         | Middle Grove    | NY | 0:17:54 | 1:15:39 | 0:38:10 | 2:11:43 |
| 126 | M 40+ | Robert  | Marcellus      | Bloomfield      | NY | 0:15:45 | 1:15:02 | 0:43:00 | 2:13:47 |
| 135 | M 40+ | Michael | Fitzgerald     | Lynn            | MA | 0:21:50 | 1:17:02 | 0:37:45 | 2:16:37 |
| 125 | M 40+ | Brian   | Sweeney        | Fayetteville    | NY | 0:19:49 | 1:17:50 | 0:41:01 | 2:18:40 |
| 189 | M 40+ | Robert  | Reichert       | Lake City       | FL | 0:19:01 | 1:21:15 | 0:43:55 | 2:24:11 |
| 132 | M 40+ | Frank   | Talbott        | Burlington      | VT | 0:22:27 | 1:22:54 | 0:45:11 | 2:30:32 |
| 124 | M 40+ | Scott   | Ginsburg       | Slingerlands    | NY | 0:19:23 | 1:34:50 | 0:49:35 | 2:43:48 |
|     |       |         |                |                 |    |         |         |         |         |
| 154 | M 45+ | Glenn   | Benoit         | Woodstock       | VT | 0:14:09 | 1:03:47 | 0:32:44 | 1:50:40 |
| 144 | M 45+ | Peter   | Gerardi        | Scotia          | NY | 0:15:16 | 1:06:58 | 0:29:33 | 1:51:47 |
| 146 | M 45+ | Jeff    | White          | Bennington      | VT | 0:13:29 | 1:06:42 | 0:34:09 | 1:54:20 |
| 148 | M 45+ | Tom     | Scheefer       | Saranac Lake    | NY | 0:13:44 | 1:07:54 | 0:34:43 | 1:56:21 |
| 156 | M 45+ | William | Barry          | Corner Brook    | NF | 0:15:09 | 1:08:48 | 0:34:39 | 1:58:36 |
| 153 | M 45+ | Marc    | Ginsburg       | Albany          | NY | 0:13:56 | 1:09:41 | 0:35:39 | 1:59:16 |

|     |         |             |                 |                  |     |         |         |         |         |
|-----|---------|-------------|-----------------|------------------|-----|---------|---------|---------|---------|
| 149 | M 45+   | David       | Foster          | Castleton        | VT  | 0:14:11 | 1:11:13 | 0:34:12 | 1:59:36 |
| 152 | M 45+   | Barry       | Schneiderman    | Mt. Pleasant     | SC  | 0:14:55 | 1:08:56 | 0:36:35 | 2:00:26 |
| 145 | M 45+   | Bart        | Hayes           | Plastburgh       | NY  | 0:17:59 | 1:09:21 | 0:33:12 | 2:00:32 |
| 147 | M 45+   | James       | Orphan          | Walpole          | MA  | 0:14:46 | 1:18:21 | 0:38:35 | 2:11:42 |
| 191 | M 45+   | Raymond     | O'Connor        | Saratoga Spgs    | NY  | 0:16:42 | 1:22:12 | 0:35:27 | 2:14:21 |
| 151 | M 45+   | Jonathan    | White           | Albany           | NY  | 0:17:02 | 1:21:01 | 0:42:13 | 2:20:16 |
| 155 | M 45+   | Kermit      | Hummel          | Woodstock        | VT  | 0:17:51 | 1:27:32 | 0:39:04 | 2:24:27 |
| 150 | M 45+   | Michael     | Riley           | Albany           | NY  | 0:20:55 | 1:30:38 | 0:41:08 | 2:32:41 |
| 162 | M 50+   | Dale        | Lane            | Jeffersonville   | VT  | 0:12:53 | 1:05:39 | 0:32:36 | 1:51:08 |
| 160 | M 50+   | Paul        | Hennessey       | Melrose          | MA  | 0:16:09 | 1:09:57 | 0:32:39 | 1:58:45 |
| 159 | M 50+   | Reginald    | Carter          | Corner Brook     | NF  | 0:15:28 | 1:08:09 | 0:38:59 | 2:02:36 |
| 163 | M 50+   | William     | Deasey          | Bryn             | PA  | 0:16:42 | 1:12:28 | 0:38:25 | 2:07:35 |
| 165 | M 50+   | Bill        | Taylor          | Gansevoort       | NY  | 0:16:13 | 1:16:28 | 0:36:54 | 2:09:35 |
| 158 | M 50+   | Neal        | McBain          | Lebanon          | NH  | 0:17:51 | 1:16:06 | 0:39:34 | 2:13:31 |
| 157 | M 50+   | Jim         | Adams           | Altona           | NY  | 0:16:41 | 1:16:41 | 0:42:14 | 2:15:36 |
| 161 | M 50+   | John        | Halpin III      | Thetford Ctr.    | VT  | 0:14:50 | 1:21:51 | 0:43:36 | 2:20:17 |
| 164 | M 50+   | Chip        | Clements        | Lynchburg        | VA  | 0:21:08 | 1:19:36 | 0:44:44 | 2:25:28 |
| 169 | M 55+   | Fred        | Thompson        | North Adams      | MA  | 0:16:59 | 1:05:10 | 0:38:24 | 2:00:33 |
| 174 | M 55+   | Hugh        | Dunseath        | Saratoga Spgs    | NY  | 0:12:56 | 1:11:42 | 0:36:46 | 2:01:24 |
| 175 | M 55+   | Al          | Farrington      | South Burlington | VT  | 0:15:00 | 1:11:53 | 0:39:03 | 2:05:56 |
| 165 | M 55+   | Bill        | Taylor          | Gansevoort       | NY  | 0:16:13 | 1:16:28 | 0:36:54 | 2:09:35 |
| 167 | M 55+   | Nat         | Goodhue         | Stowe            | VT  | 0:18:10 | 1:22:07 | 0:34:56 | 2:15:13 |
| 166 | M 55+   | Michael     | Shumaker        | Gravenhurst      | ONT | 0:17:02 | 1:18:25 | 0:41:38 | 2:17:05 |
| 172 | M 55+   | George      | Estabrook       | Ann Arbor        | MI  | 0:17:01 | 1:14:34 | 0:47:39 | 2:19:14 |
| 168 | M 55+   | Anthony     | Bouchard        | Morrisonville    | NY  | 0:16:45 | 1:20:48 | 0:43:09 | 2:20:42 |
| 173 | M 55+   | Martin      | Boermeester     | Pittsfield       | NH  | 0:17:59 | 1:30:02 | 0:48:16 | 2:36:17 |
| 171 | M 55+   | William     | Sumner          | Lincoln          | VT  | 0:13:05 | 0:00:00 | 0:00:00 | DNF     |
| 176 | M 60+   | Jack        | Carlock         | Andover          | VT  | 0:19:24 | 1:18:22 | 0:38:10 | 2:15:56 |
| 178 | M 60+   | Bruce       | Kurtz           | Longmeadow       | MA  | 0:18:01 | 1:18:16 | 0:58:10 | 2:34:27 |
| 179 | M 65+   | Richard     | Johndrow, Sr.   | Ticonderoga      | NY  | 0:25:13 | 1:18:37 | 0:48:26 | 2:32:16 |
| 180 | M 65+   | Dave        | Berry           | Bennington       | VT  | 0:22:20 | 1:30:59 | 0:50:03 | 2:43:22 |
| 181 | M 70+   | Doug        | Henderson       | Stoddard         | NH  | 0:25:20 | 1:33:44 | 1:04:11 | 3:03:15 |
| 182 | MIX 40+ | Team        | Fairways        | Gansevoort       | NY  | 0:11:52 | 1:22:53 | 0:39:59 | 2:14:44 |
| 183 | MIX 40+ | Team        | Otis/Winner     | Middlebury       | VT  | 0:18:38 | 1:28:11 | 0:39:07 | 2:25:56 |
| 187 | MT 40-  | Bike Center | Team            | Middlebury       | VT  | 0:10:29 | 1:05:56 | 0:30:50 | 1:47:15 |
| 185 | MT 40-  | Team        | Myer/Schw/Misen | Gansevoort       | NY  | 0:12:28 | 1:04:44 | 0:31:33 | 1:48:45 |
| 186 | MT 40-  | Team        | TI              | Wilkes-Barre     | PA  | 0:11:57 | 1:07:00 | 0:53:01 | 2:11:58 |
| 190 | MT 40-  | Team        | Barry           | Corner Brook     | NF  | 0:12:43 | 2:25:35 | 0:59:25 | 3:37:43 |