

LAKE DUNMORE OLYMPIC / VERMONT SUN SPRINT TRI. Sprint
 OLYMPIC: SWIM 9mi / BIKE 29mi / RUN 6.2mi
 SPRINT: SWIM 600yd / BIKE 14mi / RUN 3.1mi

SALISBURY, VT SUNDAY, AUGUST 10, 2014 8:00 AM

Place	No.	Name	Final	Div/Tot	Div	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Penalt
1	182	Peter Dodds	1:05:28	1/14	M4549	6	8:34	0:47	1	35:08	0:29	9	20:30	
2	172	Ed Hamilton	1:09:53	2/14	M4549	13	9:42	1:24	3	37:46	0:51	7	20:10	
3	173	Duncan Macdonald	1:11:06	3/14	M4549	10	9:28	1:02	2	37:41	0:43	18	22:12	
4	176	Jeff Labombard	1:12:48	4/14	M4549	19	10:05	0:55	5	39:17	0:42	14	21:49	
5	195	Jose Ramos	1:12:56	1/8	M3034	27	10:22	1:53	8	40:01	0:49	5	19:50	
6	160	Urs Tanner	1:13:05	1/7	M6064	20	10:15	1:57	4	38:43	0:30	21	22:39	
7	197	Eric Cochran	1:13:22	2/8	M3034	5	8:18	1:44	20	42:18	0:46	8	20:15	
8	128	Melissa Rowe	1:13:47	1/11	F4549	12	9:37	1:08	9	40:04	0:56	16	22:02	
9	204	Michael Davis	1:14:45	1/1	M2529	82	12:25	1:03	18	41:53	0:39	1	18:44	
10	244	Sara Kruk	1:15:17	1/17	F4044	28	10:24	1:16	15	41:00	0:49	13	21:48	
11	192	Matthew Palmer	1:15:22	1/9	M4044	89	12:39	1:32	10	40:14	0:56	6	20:01	
12	167	William Rondini	1:15:29	1/5	M5054	17	10:04	1:02	12	40:38	0:50	24	22:55	
13	291	Emma Butcher	1:15:32	1/12	F-19	2	8:06	1:03	35	44:44	0:22	11	21:16	
14	180	Ryan Phillips	1:16:17	5/14	M4549	25	10:20	1:04	6	39:31	0:38	37	24:43	
15	196	Curt Wemette	1:17:19	3/8	M3034	56	11:40	0:34	16	41:28	0:27	26	23:10	
16	292	Charlotte Pitts	1:17:24	2/5	M5054	45	11:23	1:22	22	42:51	0:35	41	24:59	
17	125	Joe Place	1:17:00	3/12	F-19	7	8:41	1:46	72	48:18	1:41	17	22:09	
18	137	Mattie Peoples	1:19:00	1/3	M2024	73	12:16	2:08	38	44:57	0:52	4	19:22	
19	206	Raven Berman	1:19:29	2/11	F4549	60	11:51	1:03	19	42:04	1:00	30	23:59	
20	141	Sue Sweeney	1:19:57	1/3	M3539	51	11:31	2:54	36	44:51	1:52	2	18:58	
21	264	Bruce Perlow	1:20:17	1/3	M5559	68	12:08	1:28	7	39:38	0:58	57	26:01	
22	144	Sean Sweeney	1:20:14	1/3	M4549	30	10:36	1:35	14	40:53	0:53	70	26:41	
23	171	Mark Lackley	1:20:39	6/14	M4549	47	11:25	1:04	48	46:11	0:28	12	21:34	
24	278	Amanda Reinhardt	1:20:43	1/8	F2529	47	11:25	1:04	48	46:11	0:28	12	21:34	
25	296	Amelia Larkin	1:21:08	4/12	F-19	3	8:09	0:59	49	46:24	0:50	38	24:46	
26	170	Devon Fuller	1:21:29	7/14	M4549	88	12:37	1:46	21	42:41	0:57	28	23:28	
27	247	Nancy Ovirt	1:21:33	2/17	F4044	59	11:48	1:21	23	43:08	0:52	33	24:24	
28	227	Tracey Delaney	1:21:39	1/9	F5054	64	12:00	1:24	34	44:43	0:45	23	22:47	
29	251	Doreen Audette	1:22:02	3/17	F4044	15	9:52	1:46	28	43:41	1:04	47	25:39	
30	136	William McClune	1:22:17	3/5	M5054	54	11:35	2:46	29	43:41	1:30	22	22:45	
31	27	Greg Desautels	1:22:21	1/5	M-19	14	9:48	3:49	52	46:50	0:52	10	21:01	
32	164	Daniel Herrick	1:22:29	2/7	M6064	70	12:11	1:37	17	41:42	0:53	59	26:05	
33	190	Heath Jackman	1:22:48	2/9	M4044	49	11:27	1:12	24	43:18	1:07	49	25:44	
34	222	Beth Daut	1:22:48	2/9	F5054	53	11:34	2:13	39	44:58	1:01	25	23:02	
35	161	John Martin	1:23:28	3/7	M6064	41	11:10	1:41	26	43:30	1:13	53	25:53	
36	157	Toshiharu Furukawa	1:23:52	1/4	M6569	97	12:51	1:29	32	44:04	1:05	32	24:23	
37	232	Heidi Higgins-Cutler	1:23:56	3/11	F4549	9	9:24	1:36	56	47:09	0:58	40	24:49	
38	183	Jonathan Schofield	1:24:11	3/9	M4044	32	10:43	1:41	47	46:10	1:08	35	24:29	
39	184	Peter Friedman	1:24:16	4/9	M4044	38	10:57	2:28	27	43:30	1:07	64	26:13	
40	273	Laura Fink	1:24:16	1/8	F3034	116	13:40	2:16	25	43:25	0:26	34	24:28	
41	205	Jonathan Borden	1:24:18	2/3	M2024	11	9:33	1:12	43	45:53	1:00	69	26:40	
42	287	Whitney Paine	1:24:20	1/4	F2024	4	8:15	1:10	50	46:46	0:44	76	27:24	
43	234	Sandy Colvin	1:24:39	4/11	F4549	119	13:53	1:12	46	45:59	1:19	19	22:16	
44	282	Julia Shatten	1:25:12	2/8	F2529	21	10:15	2:30	79	49:15	0:34	20	22:37	
45	228	Jill Wecht	1:25:22	5/11	F4549	33	10:45	1:50	30	43:46	1:05	80	27:56	

LAKE DUNMORE OLYMPIC / VERMONT SUN SPRINT
 OLYMPIC: SWIM .9mi / BIKE 28mi / RUN 6.2mi
 SPRINT: SWIM 600yd / BIKE 14mi / RUN 3.1mi

SALISBURY, VT SUNDAY, AUGUST 10, 2014 8:00 AM

Place	No.	Name	Final	Div/Tot	Div	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Penalt
46	194	Alan Walmer	1:25:28	2/3	M3539	127	14:29	1:45	33	44:32	1:22	27	23:20	
47	126	Christy Lynn	1:25:31	3/8	F2529	37	10:56	2:32	86	49:59	0:14	15	21:50	
48	123	Mark Schachner	1:26:29	4/7	M6064	87	12:36	4:21	37	44:56	0:32	31	24:04	
49	238	Jennifer Hoy	1:26:48	4/17	F4044	42	11:18	1:54	54	46:53	1:01	48	25:42	
50	174	David Benz	1:27:06	8/14	M4549	84	12:28	1:38	53	46:50	1:22	39	24:48	
51	269	Jessie Sangster	1:27:08	2/8	F3034	26	10:21	1:17	42	45:48	1:06	87	28:35	
52	133	Skip Harris	1:27:23	3/3	M3539	24	10:19	1:53	75	48:35	1:22	45	25:14	
53	270	Ashlee Stetser	1:27:41	3/8	F3034	39	11:06	1:56	62	47:37	1:05	54	25:56	
54	250	Jennifer Sumner	1:27:54	5/17	F4044	8	9:14	1:45	71	48:12	1:06	77	27:37	
55	246	Nancy Wood	1:27:55	6/17	F4044	55	11:38	1:50	40	45:22	1:15	78	27:50	
56	220	Tosh Stickney	1:28:02	1/7	F5559	36	10:48	1:54	63	47:37	0:41	73	27:02	
57	215	Pamela Sills	1:28:11	2/7	F5559	34	10:45	1:18	67	47:57	1:06	74	27:05	
58	275	Renee Ralston	1:28:14	4/8	F3034	43	11:20	1:29	65	47:51	0:38	71	26:56	
59	130	Jed Douzevicz	1:28:15	5/9	M4044	101	12:59	2:55	44	45:55	1:20	42	25:06	
60	258	Karen Rotach	1:28:24	1/9	F3539	50	11:30	1:36	68	48:00	1:11	60	26:06	
61	231	Karen Nevins	1:28:26	6/11	F4549	69	12:08	1:48	59	47:28	0:57	58	26:04	
62	155	Fred Thompson	1:28:34	1/1	M70+	86	12:30	2:42	11	40:35	1:34	118	31:12	
63	263	Holly Curry	1:28:45	2/9	F3539	22	10:17	1:46	60	47:28	0:39	86	28:34	
64	201	Matt Hopper	1:28:51	4/8	M3034	35	10:47	2:33	69	48:05	1:02	65	26:23	
65	285	Tess Sneeringer	1:29:09	2/4	F2024	46	11:23	1:02	61	47:35	0:22	90	28:46	
66	127	Emily Smith	1:29:24	5/12	F-19	62	11:56	1:39	78	48:47	1:14	51	25:48	
67	207	Brandon Welch	1:29:33	3/3	M2024	112	13:37	3:01	55	47:02	0:42	44	25:11	
68	266	Kaz Williamson	1:29:33	3/9	F3539	90	12:39	1:25	73	48:23	0:58	61	26:07	
69	216	Lynn Kapusta	1:29:35	3/7	F5559	31	10:41	1:57	84	49:56	1:14	50	25:47	
70	189	Kevin Lane	1:29:36	6/9	M4044	76	12:18	2:11	74	48:34	0:34	55	25:59	
71	225	Jennifer Williams	1:30:33	3/9	F5054	139	15:31	1:47	58	47:15	1:27	36	24:33	
72	284	Irene Gonsalvez	1:30:52	4/8	F2529	79	12:20	2:43	45	45:55	0:53	93	29:00	
73	129	Wendie Pucs	1:32:08	1/3	F6064	48	11:25	1:30	76	48:35	1:21	96	29:17	
74	193	Jason Capogna	1:32:57	7/9	M4044	110	13:34	1:47	92	50:55	0:30	63	26:10	
75	134	Patrick Peoples	1:33:05	2/5	M-19	44	11:22	3:14	114	54:05	0:33	29	23:50	
76	156	Carr Lane Quackenbush	1:33:32	2/4	M6569	63	11:56	1:55	51	46:46	1:13	123	31:41	
77	177	Rob Achilles	1:33:33	9/14	M4549	94	12:46	3:11	70	48:06	1:21	82	28:08	
78	131	Eli Grossman	1:33:37	3/5	M-19	132	15:05	1:40	77	48:46	2:13	52	25:52	
79	179	David Bennett	1:34:32	10/14	M4549	58	11:45	2:47	88	50:24	1:14	85	28:22	
80	219	Nadine Wisner	1:35:04	4/7	F5559	98	12:51	2:31	93	50:55	0:39	83	28:08	
81	168	Clayton Reed	1:35:05	4/5	M5054	91	12:40	2:27	57	47:11	1:43	117	31:03	
82	218	Maureen Nix	1:35:21	5/7	F5559	72	12:15	2:27	66	47:56	1:29	119	31:14	
83	124	John Hall	1:35:37	5/7	M6064	78	12:19	2:21	64	47:40	0:32	134	32:44	
84	254	Cristine Maloney	1:35:39	7/17	F4044	107	13:27	2:54	98	51:27	1:43	62	26:07	
85	233	Jennifer Nault	1:36:09	7/11	F4549	109	13:33	2:17	101	52:12	1:44	66	26:23	
86	159	Glenn Schaefer	1:36:12	6/7	M6064	52	11:32	2:10	85	49:57	1:56	110	30:36	
87	143	Brian Sweeney	1:36:22	2/3	M5559	121	13:55	3:32	31	43:59	2:16	133	32:39	
88	135	Jessica Frost	1:36:22	4/9	F3539	67	12:04	2:17	100	52:09	1:34	84	28:17	
89	283	Julia Varian	1:36:25	5/8	F2529	80	12:21	1:46	109	53:16	0:55	81	28:06	
90	280	Taylor Kenyon	1:36:26	6/8	F2529	115	13:39	1:39	112	53:44	0:27	72	26:56	

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Place	No.	Name	Final	Div/Tot	Div	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Penalt
91	181	Randall Childs	1:36:40	11/14	M4549	125	14:01	2:35	82	49:37	1:41	89	28:45	
92	209	Jahvon Parker	1:36:46	4/5	M-19	77	12:18	1:55	87	50:16	1:31	114	30:46	
93	199	Justin Laramie	1:36:52	5/8	M3034	122	13:55	1:40	80	49:26	0:56	115	30:54	
94	224	Rebecca Diedrich	1:36:55	4/9	F5054	140	15:32	2:01	105	52:43	0:40	56	25:59	
95	139	Shannon Sweeney	1:36:56	6/12	F-19	71	12:11	2:13	123	55:18	0:41	68	26:32	
96	142	Brian Peoples	1:37:09	12/14	M4549	120	13:54	3:30	41	45:34	2:23	124	31:47	
97	200	Steve Gintz	1:37:10	6/8	M3034	150	16:49	2:25	103	52:19	0:27	43	25:10	
98	235	Melissa Briddges	1:37:24	8/11	F4549	123	13:55	2:24	90	50:33	0:31	100	30:01	
99	295	Hannah Achilles	1:37:38	7/12	F-19	92	12:40	3:04	127	55:23	1:16	46	25:14	
100	226	Allison Pouliot	1:37:52	5/9	F5054	111	13:35	2:01	99	51:54	1:36	91	28:46	
101	265	Kerry Jacobs	1:38:04	5/9	F3539	85	12:29	2:55	94	51:15	1:07	105	30:17	
102	268	Morgan Gage	1:38:25	5/8	F3034	81	12:23	1:35	102	52:16	0:42	121	31:28	
103	262	Jennifer Parker	1:39:05	6/9	F3539	96	12:50	1:52	111	53:30	0:42	121	29:46	
104	202	Jason Kellogg	1:39:13	7/8	M3034	75	12:17	2:33	121	54:56	0:42	98	28:44	
105	213	Andrea Halnon	1:39:24	2/3	F6064	134	15:17	2:15	83	49:41	1:55	104	30:16	
106	279	Stephanie Pierce	1:39:51	7/8	F2529	65	12:01	2:01	116	54:21	1:00	106	30:27	
107	276	Erin Crowley	1:40:17	6/8	F3034	29	10:35	1:42	118	54:48	0:34	132	32:37	
108	249	Lauren Bailey	1:40:48	8/17	F4044	83	12:27	2:20	104	52:41	1:11	127	32:09	
109	122	Nancy Miller	1:40:57	6/9	F5054	103	13:00	4:22	129	55:33	0:47	75	27:15	
110	12	Erin Van Duyn	1:41:06	8/8	F2529	61	11:53	1:53	131	56:00	1:17	101	30:02	
111	252	Jocelyn Hay	1:41:20	9/17	F4044	66	12:01	2:20	108	53:14	1:34	129	32:11	
112	248	Marie Berg	1:41:37	10/17	F4044	108	13:29	2:15	81	49:36	4:08	128	32:09	
113	210	Christian Miller	1:41:38	5/5	M-19	126	14:22	2:26	97	51:26	1:20	126	32:04	
114	229	Gabriela Kovacicova	1:42:05	9/11	F4549	128	14:42	2:55	106	52:45	1:38	102	30:10	
115	198	Scott Buckley	1:42:12	8/8	M3034	147	16:14	2:20	107	53:04	1:23	94	29:14	
116	223	Susan Coon	1:42:44	7/9	F5054	113	13:38	2:14	136	57:07	0:31	95	30:06	
117	214	Liz Millner	1:43:03	6/7	F5559	149	16:45	2:01	110	53:28	0:43	103	32:25	
118	289	Haley Mucci	1:43:42	3/4	F2024	18	10:04	2:14	139	58:28	0:30	131	32:25	
119	48	Michael Desautels	1:43:55	3/3	M5559	153	19:34	4:45	91	50:36	2:26	67	26:24	
120	242	Angela Miller	1:44:21	11/17	F4044	95	12:46	1:48	134	56:35	1:21	120	31:25	
121	178	Jay Kagan	1:44:46	13/14	M4549	99	12:54	3:50	117	54:47	2:10	113	30:40	
122	169	Thomas Simard	1:44:46	14/14	M4549	146	16:12	2:50	122	55:05	1:45	92	28:53	
123	253	Jennifer Swenor	1:44:46	12/17	F4044	129	14:45	3:19	115	54:08	2:00	109	30:34	
124	288	Jenna Wecht	1:45:32	4/4	F2024	23	10:18	2:02	150	1:04:35	0:47	79	27:50	
125	237	Nancy Graham	1:45:34	10/11	F4549	106	13:17	2:29	113	53:57	0:58	141	34:53	
126	298	Emily Burbank	1:45:37	8/9	F5054	135	15:18	2:42	124	55:20	0:41	122	31:36	
127	132	Joy Dulsin	1:45:38	7/9	F3539	136	15:18	2:41	126	55:22	1:43	108	30:33	
128	256	Angela Bernard	1:45:51	7/9	F3539	142	15:41	2:11	137	57:15	0:54	99	29:49	
129	294	Abigail Miller	1:45:54	8/12	F-19	104	13:01	3:11	133	56:22	0:24	136	32:55	
130	158	Colin Gage Gage	1:46:11	3/4	M6569	131	14:55	1:35	125	55:21	1:27	135	32:52	
131	217	Cathy Hayes	1:46:28	7/7	F5559	138	14:55	2:52	96	51:19	0:38	145	36:11	
132	259	Ali Schwartz	1:46:52	8/9	F3539	100	12:58	2:17	132	56:10	0:44	140	34:42	
133	293	Nicole Talcott	1:47:21	9/12	F-19	124	13:55	2:10	130	55:47	0:59	137	34:30	
134	274	Abigail Mendenhall	1:47:26	7/8	F3034	114	13:38	2:43	140	59:00	1:02	116	31:02	
135	255	Amy Holibaugh	1:48:03	13/17	F4044	117	13:41	3:10	141	59:19	1:25	107	30:28	

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SALISBURY, VT SUNDAY, AUGUST 10, 2014 8:00 AM

Place No.	Name	Final	Div/Tot	Div	Rank	Swim	Tran1	Rank	Bike	Tran2	Rank	Run	Penalt
136	245 Rebecca Engard	1:49:15	14/17	F4044	141	15:35	2:29	120	54:49	1:20	142	35:01	
137	297 Paige Marion	1:49:18	10/12	F-19	16	9:58	10:24	128	55:24	1:30	125	32:01	
138	52 Alan Villemaire	1:49:26	4/4	M6569	152	19:16	2:30	95	51:15	1:43	139	34:41	
139	240 Jennifer Fredreck	1:51:36	15/17	F4044	133	15:08	2:49	144	1:02:07	0:55	111	30:37	
140	236 Christie Wright	1:51:37	11/11	F4549	130	14:47	3:14	143	1:02:02	0:56	112	30:38	
141	243 Stephanie Cunningham	1:53:06	16/17	F4044	118	13:46	3:41	151	1:05:15	0:53	97	29:31	
142	140 Carol Van Horne	1:54:03	9/9	F5054	93	12:42	2:13	148	1:03:41	0:52	138	34:35	
143	166 Ted Van Horn	1:54:25	5/5	M5054	102	12:59	3:05	89	50:29	1:46	154	46:06	
144	211 Ruth Kennedy-Grant	1:55:32	1/1	F6569	145	16:00	3:16	142	59:50	1:02	143	35:24	
145	138 Erin Sweeney	1:56:02	11/12	F-19	74	12:16	2:09	149	1:03:45	1:10	147	36:41	
146	271 Tonya Carrien	1:57:02	8/8	F3034	151	17:30	1:56	138	58:24	1:11	149	38:00	
147	188 Scott Childs	1:58:59	8/9	M4044	148	16:34	2:54	145	1:02:38	1:10	144	35:43	
148	212 Ellen Wolfson Wolfson	1:59:42	3/3	F6064	137	15:26	2:04	146	1:03:01	1:32	148	37:39	
149	299 Kayla Audette	1:59:55			40	11:07	3:17	147	1:03:24	0:52	151	41:15	
150	241 Cheryl Achilles	2:02:08	17/17	F4044	154	20:17	4:17	119	54:48	2:12	150	40:34	
151	260 Kathryn Hogan	2:04:30	9/9	F3539	57	11:42	3:34	153	1:11:29	1:17	146	36:27	
152	290 Haleigh West	2:05:06	12/12	F-19	155	20:51	2:36	152	1:08:40	0:45	130	32:13	
153	162 Richard Hayes	2:08:50	7/7	M6064	105	13:14	2:29	135	57:05	1:14	155	54:47	
154	300 Perrin Marion	2:28:53			143	15:50	4:31	155	1:22:14	1:49	152	44:28	
155	187 Christopher Marion	2:28:59	9/9	M4044	144	15:50	4:35	154	1:22:13	1:47	153	44:34	

