

Vermont SunTriathlon - 7/22/00

600-yard Swim, 14-mile Bike, 3.1-mile Run

Bib	Class	First Name	Last Name	City	St	Swim	Bike	Run	Total
Top 5 Female									
5	F 35+	Laurie	Sigloch	Sunderland	VT	12:09:19	0:37:03	0:19:11	1:05:33
6	F 30+	Melissa	Smith	N. Bennington	VT	12:10:57	0:38:50	0:20:25	1:10:12
35	F 30+	Madeline	Nagy (-1 penalty)	Florence	MA	12:08:53	0:42:06	0:19:27	1:10:26
8	F 20+	Angie	DeFilippi	Colchester	VT	12:11:01	0:41:04	0:19:09	1:11:14
7	F 20+	Lindsay	Simpson	Middlebury	VT	12:10:56	0:40:21	0:20:30	1:11:47
11	F 15+	Hillary	Pawulak	Jericho	VT	12:09:49	0:51:32	0:24:05	1:25:26
10	F 15+	Raegan	Kennedy	London	ONT	12:11:16	0:49:02	0:25:22	1:25:40
108	F 15+	Jennifer	Monti	Ellington	CT	12:12:33	0:54:13	0:21:53	1:28:39
103	F 20+	Amanda	Lawrence	Burlington	VT	12:10:17	0:43:22	0:22:42	1:16:21
15	F 20+	Catherine	Schultz	Medford	MA	12:10:28	0:44:52	0:21:48	1:17:08
12	F 20+	Kimberly A.	Garvie	Williamstown	MA	12:13:51	0:42:24	0:22:22	1:18:37
14	F 20+	Christy	Dostal	Burlington	VT	12:11:27	0:47:19	0:26:37	1:25:23
16	F 20+	Lisa	Gaunt	Jeffersonville	VT	12:12:56	0:51:18	0:27:02	1:31:16
13	F 20+	Stephanie	Malliaris	Gloucester	MA	12:12:17	0:00:00	0:00:00	DNF
19	F 25+	Stephanie	Michaud	S. Burlington	VT	12:11:06	0:41:54	0:19:33	1:12:33
28	F 25+	Jessica	Henderson	Dorchester	MA	12:09:33	0:40:23	0:23:19	1:13:15
24	F 25+	Amy	Gifford	Winooski	VT	12:12:20	0:43:58	0:22:52	1:19:10
22	F 25+	Cheryl	Fuller	Killington	VT	12:12:15	0:45:43	0:22:21	1:20:19
31	F 25+	Samantha	Ludwig	Albany	NY	12:12:22	0:51:01	0:23:06	1:26:29
17	F 25+	Holly	Schubert	Albany	NY	12:09:35	0:51:16	0:26:46	1:27:37
33	F 25+	Tracey	Finnerty	Portsmouth	NH	12:11:23	0:48:15	0:28:50	1:28:28
26	F 25+	Stephanie	Pindyck	S. Londonberry	VT	12:13:54	0:48:13	0:26:23	1:28:30
20	F 25+	Eileen	Hee	Montpelier	VT	12:10:30	0:50:18	0:28:07	1:28:55
30	F 25+	Anne	Lorenson	Hague	NY	12:10:08	0:53:11	0:25:40	1:28:59
18	F 25+	Katrin	Hauri	Portsmouth	NH	12:13:11	0:48:13	0:28:35	1:29:59
27	F 25+	Kristin	Phillips	Burlington	VT	12:12:29	0:56:31	0:26:44	1:35:44
25	F 25+	Lori	Eckl	Boulder City	NV	12:17:50	0:57:27	0:29:09	1:44:26
44	F 30+	Caroline	Chapados	Longueil	QUE	12:09:40	0:41:06	0:21:56	1:12:42
42	F 30+	Heidi	Underwood	Kattskill Bay	NY	12:11:48	0:42:18	0:19:34	1:13:40
9	F 30+	Mina	Samuels	Castleton	VT	12:10:16	0:44:41	0:21:07	1:16:04
40	F 30+	Mitzi	Tucker	Laconia	NH	12:13:50	0:43:17	0:21:09	1:18:16
37	F 30+	Martha	Kidder	Gilford	NH	12:13:39	0:42:53	0:25:26	1:21:58
114	F 30+	Kelli	Federhofer	Ann Arbor	MI	12:13:31	0:45:30	0:25:39	1:24:40
36	F 30+	Susan	Champlin	Schenectady	Ny	12:10:14	0:50:14	0:25:49	1:26:17
115	F 30+	Carrie	Dessureau	Waterbury	VT	12:17:26	0:47:29	0:22:44	1:27:39
41	F 30+	Meredith	Ansell	New York	NY	12:13:52	0:49:49	0:27:28	1:31:09
38	F 30+	Christiane	Mitchell	Canaan	NY	12:16:26	0:54:03	0:29:17	1:39:46
46	F 35+	Thora	Pomicter	Shelburne	VT	12:13:23	0:41:15	0:25:22	1:20:00
47	F 35+	Julia	Aimers	Navan	ONT	12:11:34	0:44:21	0:25:44	1:21:39
45	F 35+	Lorri	Faughnan	Westmount	QUE	12:14:53	0:47:38	0:26:12	1:28:43
51	F 40+	Mary	Mead	Warner	NH	12:11:21	0:45:07	0:24:05	1:20:33
48	F 40+	Pam	Sills	Cambridge	VT	12:12:04	0:47:37	0:23:55	1:23:36
50	F 40+	Edie	Miskewicz	Delmar	NY	12:13:48	0:43:34	0:28:15	1:25:37
52	F 40+	Cathy	Taylor	Gansevoort	NY	12:13:25	0:45:31	0:28:39	1:27:35

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55	F 40+	Jennifer	White	Waitsfield	VT	12:15:05	0:47:59	0:24:44	1:27:48
116	F 40+	Lynne	Stapleton	Southwick	MA	12:14:55	0:54:40	0:27:33	1:37:08
53	F 40+	Deborah	Glazer	Lebanon	NH	12:14:59	0:50:08	0:32:09	1:37:16
49	F 40+	Sue	Henry	Lyndonville	VT	12:13:33	1:01:22	0:28:41	1:43:36
172	F 45+	Paula	Jensen-Moulton	Hampton	NY	12:14:51	0:50:51	0:32:33	1:38:15
56	F 50+	Christine	McKnight	Schuylerville	NY	12:16:36	0:53:23	0:28:18	1:38:17
57	F 60+	Carolyn	Sundeman	Whiting	VT	12:14:49	0:46:31	0:26:42	1:28:02
110	FT 40-	Team	Rose/Levin	Lexington	MA	12:13:48	1:00:00	0:31:11	1:44:59

Top 5 Male

1	M 40+	John	Noonan	Troy	NY	12:08:59	0:36:24	0:17:21	1:02:44
3	M 40+	Steve	Hare	Middlebury	VT	12:08:50	0:36:05	0:18:20	1:03:15
101	M 20+	John	Spinney (-2 penalty)	Williston	VT	12:09:21	0:35:23	0:17:02	1:03:46
107	M 30+	Tarim	Chung	Salisbury	VT	12:08:30	0:36:22	0:19:39	1:04:31
4	M 25+	Patrick	Fortine	Quebec City	QUE	12:09:28	0:37:00	0:18:20	1:04:48

60	M 15+	Nathan	Morris	Castleton	VT	12:08:53	0:37:51	0:20:51	1:07:35
59	M 15+	Benjamin	Walsh	Richmond	VT	12:12:01	0:44:00	0:21:16	1:17:17
58	M 15+	Rene	Pronovost	M.-D. Ile Perrot	QUE	12:11:31	0:43:34	0:22:28	1:17:33
61	M 15+	Bryan	Wilson	Spencer	MA	12:14:46	0:43:37	0:19:21	1:17:44
62	M 15+	Mike	Jones	Poultney	VT	12:14:28	0:43:04	0:22:46	1:20:18
197	M 20+	Matthew	Springer	New Lebanon	NY	12:09:18	0:39:43	0:18:14	1:07:15
198	M 20+	Zachary	Benson	Stephentown	NY	12:09:20	0:38:42	0:20:56	1:08:58
69	M 20+	John	Carbone	Schenectady	NY	12:10:17	0:41:55	0:20:27	1:12:39
65	M 20+	Chaz	Lyons	Weybridge	VT	12:19:49	0:36:30	0:20:03	1:16:22
105	M 20+	Grayson	Stuntz	Acton	MA	12:09:07	0:44:17	0:23:26	1:16:50
71	M 20+	Adam	Hescock	Shoreham	VT	12:13:58	0:41:09	0:23:09	1:18:16
67	M 20+	Dean	Pierce	Rochester	VT	12:14:20	0:44:16	0:22:58	1:21:34
66	M 20+	Ian	Smolkin	Summerville	MA	12:14:02	0:47:44	0:22:48	1:24:34
68	M 20+	Jeff	Gaunt	Andover	MA	12:14:32	0:50:01	0:23:44	1:28:17
70	M 20+	Adam	Bindrum	Rochester	VT	0:14:42	0:50:15	0:23:55	1:28:52
200	M 20+	Derek	Howard	Poultney	VT	0:00:00	0:00:00	0:00:00	DQ
78	M 25+	Jason	Gifford	Winooski	VT	12:11:59	0:37:26	0:18:11	1:07:36
73	M 25+	Kent	Kasper	Portsmouth	NH	12:11:13	0:38:57	0:22:14	1:12:24
76	M 25+	Matthew	Jakupcak	Arlington	MA	12:13:39	0:43:48	0:22:00	1:19:27
32	M 25+	Craden	Henderson	Dorchester	MA	12:12:39	0:44:02	0:22:52	1:19:33
75	M 25+	Justin	Ferrara	Albany	NY	12:14:42	0:51:54	0:19:39	1:26:15
80	M 25+	David	Gerstenhaber	Philadelphia	PA	12:14:58	0:47:24	0:24:19	1:26:41
74	M 25+	Mark	Bodak	Greenfield	MA	12:14:38	0:47:46	0:24:57	1:27:21
77	M 25+	Drew	Spitzer	Lake George	NY	12:14:18	0:55:04	0:25:15	1:34:37
72	M 25+	Stephen	LaPierre	Stratham	NH	12:16:11	0:57:09	0:28:48	1:42:08
2	M 30+	David	Lipsius	Great Neck	NY	12:08:19	0:38:50	0:17:52	1:05:01
85	M 30+	Yvan	Turmel	Longueuil	QC	12:09:15	0:38:12	0:20:07	1:07:34
90	M 30+	Timothy	Donahue	Middlebury	VT	0:11:45	0:00:00	0:00:00	1:08:14
93	M 30+	Duncan	MacDonald	Jerico	VT	12:11:45	0:37:36	0:20:05	1:09:26
104	M 30+	Todd	Drolette	Burlington	VT	12:11:41	0:39:58	0:20:12	1:11:51
84	M 30+	Matthew	Wagner	Milton	VT	12:09:13	0:43:16	0:21:46	1:14:15
96	M 30+	Brain	Lannutti	Burlington	VT	12:13:01	0:39:55	0:21:39	1:14:35

98	M 30+	Scott	McMahon	Lake George	NY	12:12:59	0:42:04	0:22:19	1:17:22
91	M 30+	Geb	Souhan	West Roxbury	MA	12:15:28	0:40:36	0:21:31	1:17:35
95	M 30+	Andy	Zuccotti	Rutland	VT	12:14:37	0:41:43	0:21:40	1:18:00
94	M 30+	Joe	Franz	Charlotte	VT	12:12:51	0:43:55	0:21:33	1:18:19
86	M 30+	Rene	Bruneau	Bennington	VT	12:14:16	0:45:13	0:21:13	1:20:42
82	M 30+	Randy	Rath	Queensbury	NY	12:14:56	0:42:01	0:24:30	1:21:27
92	M 30+	James	McIntire	Laconia	NH	12:15:16	0:44:47	0:22:15	1:22:18
83	M 30+	Stephen	Tucker	Laconia	NH	12:23:05	0:41:39	0:18:49	1:23:33
89	M 30+	Tim	Wright	Niskayuna	NY	12:16:08	0:47:01	0:24:54	1:28:03
88	M 30+	Nahanni	Nagle	Montreal	QC	12:14:14	0:56:49	0:25:19	1:36:22
87	M 30+	Edward	Pomicter	Shelburne	VT	12:15:36	0:55:46	0:29:48	1:41:10
81	M 30+	Ed	Deslauriers	Burlington	VT	12:12:47	0:53:08	0:36:41	1:42:36
148	M 35+	Michael	Morgan	Milton	VT	12:09:40	0:39:25	0:19:17	1:08:22
146	M 35+	Mark	Decker	Queensbury	NY	12:10:07	0:39:46	0:19:20	1:09:13
152	M 35+	Paul	Guilmette	Rutland	VT	12:11:25	0:37:49	0:20:27	1:09:41
154	M 35+	Matthew	Gallagher	Burlington	VT	12:11:04	0:40:49	0:18:19	1:10:12
112	M 35+	Peter	Solomon	Middlebury	VT	12:09:42	0:44:30	0:22:39	1:16:51
151	M 35+	Scott	Smith	Middlebury	VT	12:11:22	0:42:02	0:23:40	1:17:04
99	M 35+	Steven	LaValley	Grantham	NH	12:14:00	0:44:08	0:21:09	1:19:17
145	M 35+	Joel	Palmer	Vergennes	VT	12:13:36	0:45:27	0:21:27	1:20:30
150	M 35+	Stephan	Chapados	Ottawa	ONT	12:10:42	0:44:40	0:26:43	1:22:05
147	M 35+	Steve	Wood	Saratoga Spgs	NY	12:11:14	0:49:56	0:24:18	1:25:28
149	M 35+	Greer	Noonburg	Quechee	VT	12:12:41	0:49:54	0:24:25	1:27:00
153	M 35+	Scott	Philbrick	Henniker	NH	12:11:17	0:51:11	0:25:15	1:27:43
113	M 35+	Edward	Brown	Ripton	VT	12:14:53	0:49:17	0:24:01	1:28:11
100	M 35+	Rick	Marone	North Yarmouth	ME	12:12:57	0:50:27	0:28:07	1:31:31
162	M 40+	Robert	Underwood	Katskill Bay	NY	12:11:04	0:39:30	0:16:13	1:06:47
158	M 40+	Jeff	Cole	Voorheesville	NY	12:09:40	0:38:55	0:18:16	1:06:51
163	M 40+	Jeff	Mullen	Richmond	VT	12:10:09	0:39:38	0:19:35	1:09:22
164	M 40+	Stephen	Reh fuss	Albany	NY	12:08:22	0:40:47	0:20:42	1:09:51
160	M 40+	Greg	Bombardier	Colchester	VT	12:10:02	0:39:49	0:21:36	1:11:27
159	M 40+	Patrick	Miner	Barre	VT	12:12:39	0:42:00	0:18:33	1:13:12
166	M 40+	John	Howe	Newport	NH	12:10:49	0:41:22	0:21:52	1:14:03
165	M 40+	Jeffrey	Schumann	Newington	CT	12:09:21	0:40:55	0:25:38	1:15:54
170	M 40+	Tim	Gilbert	Lebanon	NH	12:13:08	0:42:00	0:20:59	1:16:07
157	M 40+	John	Miskewicz, Jr.	Delmar	NY	12:16:10	0:41:06	0:19:25	1:16:41
169	M 40+	Mark	Lennon	Warner	NH	12:13:04	0:40:38	0:23:18	1:17:00
168	M 40+	Grant	Healey	Peru	VT	12:12:40	0:43:26	0:21:15	1:17:21
167	M 40+	Robert	Marcellus	Bloomfield	NY	12:11:46	0:42:28	0:24:49	1:19:03
171	M 40+	Robert	Fretz	Montreal	QUE	12:14:00	0:45:15	0:23:26	1:22:41
106	M 40+	Jim	Wereszczynski	Hampton	NH	12:13:33	0:57:45	0:28:58	1:40:16
155	M 40+	John	Kennedy	Nassau	NY	12:18:16	0:55:32	0:32:00	1:45:48
181	M 45+	Peter	Gerardi	Scotia	NY	12:11:33	0:38:57	0:17:24	1:07:54
174	M 45+	Jeff	White	Bennington	VT	12:10:12	0:38:19	0:19:28	1:07:59
178	M 45+	Glenn	Benoit	Woodstock	VT	12:10:52	0:38:07	0:19:43	1:08:42
173	M 45+	David	Foster	Castleton	VT	12:10:44	0:42:49	0:20:04	1:13:37
179	M 45+	Peter	Preston	Greenwich	CT	12:11:35	0:42:33	0:20:04	1:14:12
180	M 45+	Michael	Malick	Bellows Falls	VT	12:12:12	0:42:04	0:22:22	1:16:38
177	M 45+	Paul	Wilson	Spencer	MA	12:11:31	0:44:15	0:20:56	1:16:42
182	M 45+	Mark	Schachner	Lake George	NY	12:14:14	0:44:49	0:21:43	1:20:46
176	M 45+	Gary	Lange	Vergennes	VT	12:12:52	0:47:40	0:25:08	1:25:40
183	M 45+	John	Gelb	Riverside	CT	12:14:17	0:51:06	0:26:35	1:31:58
175	M 45+	Peter	Jensen-Moulton	Hampton	NY	12:17:12	0:47:46	0:28:12	1:33:10

102	M 50+	Milo	Schafer	Summitt	NJ	12:09:11	0:39:36	0:23:08	1:11:55
184	M 50+	Bill	Taylor	Gansevoort	NY	12:12:43	0:41:52	0:21:48	1:16:23
186	M 50+	John	Halpin III	Thetford Ctr.	VT	12:12:35	0:47:33	0:26:44	1:26:52
185	M 50+	Mike	Kandel	Bristol	VT	12:14:29	0:50:04	0:31:53	1:36:26
188	M 55+	Martin	Boermeester	Pittsfield	NH	12:13:37	0:49:21	0:25:52	1:28:50
190	M 60+	Jack	Carlock	Andover	VT	12:13:50	0:45:05	0:21:59	1:20:54
191	M 60+	Bruce	Kurtz	Longmeadow	MA	12:12:30	0:44:55	0:32:16	1:29:41
189	M 60+	Charles	Towse	Westfield	MA	12:16:50	0:52:08	0:24:24	1:33:22
192	M 65+	Richard	Johndrow, Sr.	Ticonderoga	NY	12:19:21	0:47:22	0:27:17	1:34:00
193	M 70+	Doug	Henderson	Stoddard	NH	12:19:55	0:51:18	0:31:39	1:42:52
194	MIX 40-	Team	Ryan/Talbott	Burlington	VT	12:11:42	0:46:12	0:24:39	1:22:33
195	MIX 40-	Team	Howard/Driver	Bristol	RI	12:13:06	1:00:42	0:35:46	1:49:34
196	MT 40-	Team	McIntosh/Morris	Middlebury	VT	12:07:45	0:36:54	0:20:52	1:05:31
199	MT 40-	Team	James/Heathcote	Salisbury	VT	12:09:02	0:37:43	0:18:56	1:05:41