

Vermont Sun Triathlon - 7/13/03

600-yard Swim, 14-mile Bike, 3.1-mile Run

Bib	Class	First Name	Last Name	City	St	Swim	Bike	Run	Total
Top 5 Female									
164	F 15+	Claire	Whelan	Burlington	VT	0:09:18	0:41:14	0:20:10	1:10:42
158	F 25+	Angie	DeFilippi	Colchester	VT	0:10:42	0:41:25	0:19:00	1:11:07
4	F 40+	Dot	Martin	Montpelier	VT	0:10:35	0:40:08	0:20:48	1:11:31
39	F 30+	Caroline	Chapados	Boucherville	QC	0:09:07	0:41:13	0:21:18	1:11:38
170	F 35+	Karen	Wu	Morrisville	VT	0:09:49	0:41:41	0:22:59	1:14:29
157	F 15+	Megan	Guarnier	Queensbury	NY	0:08:26	0:44:27	0:23:22	1:16:15
5	F 15+	Alix	Broomfield	Greenwich	NY	0:14:49	0:55:11	0:27:33	1:37:33
6	F 15+	Beth	Battin	Lexington	MA	0:16:52	0:54:23	0:26:20	1:37:35
11	F 20+	Amy	Miner	S. Burlington	VT	0:10:44	0:44:32	0:26:49	1:22:05
10	F 20+	Molly	Feltner	Boston	MA	0:14:30	0:48:54	0:27:39	1:31:03
9	F 20+	Anna	Rudberg	Somerville	MA	0:12:12	0:55:13	0:25:29	1:32:54
7	F 20+	Hilary	Munson	New York	NY	0:15:51	0:51:08	0:31:48	1:38:47
8	F 20+	Elizabeth	Mahar	Fair Haven	VT	0:15:22	0:59:34	0:34:28	1:49:24
13	F 25+	Sarah	Dudley	Waterville	VT	0:11:08	0:44:20	0:25:49	1:21:17
25	F 25+	Cindy	Meier	South Burlington	VT	0:11:12	0:47:13	0:23:18	1:21:43
15	F 25+	Kim	Pepper	Palo Alto	CA	0:12:21	0:46:58	0:23:20	1:22:39
14	F 25+	Sherry	Sebesta	Arlington	MA	0:15:31	0:45:13	0:24:29	1:25:13
17	F 25+	Katie	Rob	Montpelier	VT	0:12:28	0:47:32	0:25:15	1:25:15
19	F 25+	Brady	Beale	Philadelphia	PA	0:14:56	0:48:17	0:23:11	1:26:24
18	F 25+	Christine	Marcellino	Burlington	VT	0:15:00	0:49:01	0:24:33	1:28:34
16	F 25+	Mollie	Moriarty	Waitsfield	VT	0:14:32	0:48:39	0:25:52	1:29:03
21	F 25+	Kelly	Peers	Boston	MA	0:14:10	0:49:04	0:26:58	1:30:12
20	F 25+	Linda	Brothers	Denver	CO	0:15:47	0:46:40	0:29:46	1:32:13
22	F 25+	Emory	Kinder	Middlebury	VT	0:15:20	0:50:09	0:26:51	1:32:20
24	F 25+	Emma	Kelly	Burlington	VT	0:14:59	0:55:48	0:27:37	1:38:24
23	F 25+	Leigh	Tellier	Greenland	NH	0:21:09	0:55:21	0:29:50	1:46:20
166	F 25+	Kristina	Robinson	S. Burlington	VT	0:15:25	1:03:05	0:29:48	1:48:18
28	F 30+	Margaret	Caron	Pownal	VT	0:12:44	0:44:32	0:25:39	1:22:55
31	F 30+	Pam	Paradee	Bristol	VT	0:14:15	0:47:17	0:25:30	1:27:02
29	F 30+	Amanda	Drake	Moretown	VT	0:11:19	0:48:13	0:27:44	1:27:16
35	F 30+	Kimberly	Likosky	W. Lebanon	NH	0:14:57	0:45:45	0:27:01	1:27:43
38	F 30+	Mavie	Mendelson	San Francisco	CA	0:13:13	0:48:28	0:27:25	1:29:06
32	F 30+	Karen	Deane	Somerville	MA	0:14:41	0:48:35	0:27:01	1:30:17
41	F 30+	Jennifer	Laurent	Burlington	VT	0:13:19	0:48:47	0:29:54	1:32:00
33	F 30+	Nancy	Reino	Waterbury	VT	0:17:04	0:50:06	0:28:17	1:35:27
27	F 30+	Danielle	Graham	Winooski	VT	0:09:42	0:46:29	0:47:01	1:43:12
36	F 30+	Natalie	Beresniewicz	Webster	Ny	0:14:51	0:56:41	0:33:32	1:45:04
153	F 30+	Jennine	Varhola	Hartford	CT	0:14:13	0:56:50	0:36:21	1:47:24
34	F 30+	Carolyn	Farber	Cambridge	MA	0:14:33	1:02:05	0:31:44	1:48:22
30	F 30+	Alison	Fyott	Portsmouth	NH	0:13:28	1:08:00	0:29:03	1:50:31
51	F 35+	Mina	Samuels	Castleton	VT	0:09:44	0:45:17	0:20:57	1:15:58
45	F 35+	Jennifer	Smith	Stow	MA	0:12:24	0:42:42	0:23:40	1:18:46
44	F 35+	Moir	McGill	Fallston	MD	0:10:20	0:45:06	0:25:12	1:20:38
48	F 35+	Sue	Peoples	Aptos	CA	0:13:33	0:45:13	0:23:45	1:22:31
154	F 35+	Thora	Pomicter	Shelburne	VT	0:14:43	0:44:48	0:27:02	1:26:33
54	F 35+	Diane	Jones	Somerville	MA	0:14:04	0:47:02	0:25:50	1:26:56

168	F 35+	Delia	Stevens	San Francisco	CA	0:11:46	0:49:23	0:26:40	1:27:49
42	F 35+	Becky	Werner	Groton	MA	0:15:07	0:48:14	0:24:38	1:27:59
55	F 35+	Joanie	Moran	Waitsfield	VT	0:19:05	0:44:30	0:25:51	1:29:26
49	F 35+	Heidi	Higgins-Cutler	Waterbury	VT	0:13:16	0:52:29	0:29:39	1:35:24
43	F 35+	Lauren	Teigland-Hunt	Arlington	VT	0:13:43	0:55:16	0:28:20	1:37:19
46	F 35+	Caroline	Sweeney	Wayne	PA	0:15:03	0:52:41	0:30:59	1:38:43
47	F 35+	Stephanie	Lichtman	Newmarket	NH	0:13:05	0:45:53	0:43:08	1:42:06
52	F 35+	Donna	Ruppel	Greenwich	NY	0:26:33	0:00:00	0:00:00	0:00:00
58	F 40+	Melanie	Simon	Warren	VT	0:11:53	0:43:30	0:25:56	1:21:19
56	F 40+	Victoria	du Roure	Plainfield	NH	0:13:26	0:43:57	0:26:24	1:23:47
149	F 40+	Mary	Lockwood	Burlington	VT	0:14:29	0:44:35	0:25:39	1:24:43
57	F 40+	Sally	Goade	Wynantskill	NY	0:15:04	0:48:18	0:25:30	1:28:52
151	F 40+	Nadia	Stadnyk	Johnsonville	NY	0:16:45	0:50:11	0:28:34	1:35:30
63	F 45+	Kerry	Togneri	Turners Falls	MA	0:11:55	0:44:04	0:24:40	1:20:39
64	F 45+	Deborah	Glazer	Lebanon	NH	0:14:07	0:45:34	0:30:00	1:29:41
62	F 45+	Cathy	Taylor	Gansevoort	NY	0:14:00	0:45:26	0:31:29	1:30:55
171	F 45+	Ginger	Lambert	Rochester	VT	0:17:02	0:51:07	0:23:46	1:31:55
61	F 45+	Martha	Devaney	Gansevoort	NY	0:14:25	0:50:18	0:29:09	1:33:52
152	F 45+	Rose	Bergeron	Essex	VT	0:16:01	0:52:35	0:30:22	1:38:58
59	F 45+	Debra	Richwien	Lyndon Center	VT	0:18:22	1:12:30	0:43:17	2:14:09
60	F 45+	Oralie	Lefavre	Lyndonville	VT	0:18:24	1:12:28	0:43:17	2:14:09
65	F 50+	Jeanne	Butterfield	Bangor	ME	0:11:31	0:57:56	0:24:40	1:34:07
66	F 55+	Christine	McKnight	Schuylerville	NY	0:15:05	0:45:58	0:28:28	1:29:31
67	FT 40-	Team	Chicoine/Degray	Bristol	VT	0:14:06	0:44:49	0:29:26	1:28:21

Top 5 Male

80	M 25+	Jean Paul	Gowdy	Springfield	MA	0:07:44	0:35:27	0:19:57	1:03:08
3	M 45+	Steve	Hare	Middlebury	VT	0:08:16	0:37:30	0:18:49	1:04:35
1	M 30+	Ben	Nigro	S. Burlington	VT	0:07:29	0:39:38	0:17:53	1:05:00
2	M 15+	Joseph	Wells	Ticonderoga	NY	0:08:52	0:36:43	0:19:36	1:05:11
97	M 30+	Steven	Urish	Burlington	VT	0:08:19	0:39:09	0:19:30	1:06:58

169	M 15+	Simon	Gowdy	Montreal	QUE	0:08:38	0:39:14	0:20:28	1:08:20
72	M 15+	Tom	Bendon	Latham	NY	0:13:00	0:42:07	0:23:17	1:18:24
73	M 15+	Jamie	Larkin	New Canaan	CT	0:09:50	0:50:27	0:25:47	1:26:04
68	M 15+	Peter	Campbell	New Canaan	CT	0:13:55	0:50:40	0:22:18	1:26:53
69	M 15+	Brian	Richwien	Lyndon Center	VT	0:15:07	0:54:47	0:27:38	1:37:32
71	M 15+	Samuel	Lefavre	Lyndonville	VT	0:15:06	0:54:46	0:27:42	1:37:34
70	M 15+	Dan	Sweeney	Niskayuna	NY	0:13:21	1:01:24	0:28:17	1:43:02
76	M 20+	Chas	Lyons	Cornwall	VT	0:12:38	0:34:57	0:19:58	1:07:33
75	M 20+	Gregory	Fesko	Brandon	VT	0:15:57	0:52:40	0:26:32	1:35:09
163	M 20+	Jesse	Kyhill	Greenwich	CT	0:16:52	0:55:40	0:32:53	1:45:25
78	M 25+	Tom	Kelly	Burlington	VT	0:11:08	0:38:31	0:20:45	1:10:24
82	M 25+	Charles	MacIntosh	New York	NY	0:09:54	0:39:03	0:22:19	1:11:16
159	M 25+	Tom	Newman	Burlington	VT	0:10:08	0:42:07	0:19:36	1:11:51
161	M 25+	Ryan	Canales	Rutland	VT	0:10:03	0:38:44	0:23:04	1:11:51
173	M 25+	Dave	Van Mullen	Burlington	VT	0:12:10	0:40:39	0:20:33	1:13:22
77	M 25+	Paul	Goodwin	Bishopthorpe	NY	0:11:45	0:41:53	0:21:30	1:15:08
79	M 25+	Ryan	Mahar	Middletown Springs	VT	0:11:30	0:41:29	0:22:20	1:15:19

81	M 25+	Michael	Gagne	Burlington	VT	0:13:44	0:47:05	0:23:35	1:24:24
165	M 25+	Tom	Manchester	S. Burlington	VT	0:11:23	0:00:00	0:00:00	0:00:00
84	M 30+	Eric	Morris	Charlotte	VT	0:10:08	0:38:01	0:19:56	1:08:05
148	M 30+	Tim	Donahue	New York	NY	0:10:38	0:39:02	0:18:49	1:08:29
96	M 30+	Randy	Rath	Fort Edward	NY	0:09:57	0:39:14	0:21:22	1:10:33
88	M 30+	Andrew	Pedersen	Winooski	VT	0:12:07	0:38:31	0:20:17	1:10:55
86	M 30+	Eric	Phaneuf	Stowe	VT	0:14:27	0:37:52	0:18:39	1:10:58
85	M 30+	Chadd	Garvens	Burlington	VT	0:10:28	0:39:43	0:23:00	1:13:11
83	M 30+	Jason	Cummings	Hinesburg	VT	0:12:16	0:40:31	0:21:14	1:14:01
93	M 30+	James	Schroeder	Johnson	VT	0:12:13	0:41:54	0:21:30	1:15:37
174	M 30+	Noah	Samuels	New York	NY	0:14:38	0:41:16	0:21:32	1:17:26
91	M 30+	Thomas	Lahiri	Williston	VT	0:14:11	0:45:23	0:19:42	1:19:16
98	M 30+	Simon	Wiles	Burlington	VT	0:12:32	0:45:51	0:23:31	1:21:54
95	M 30+	Michael	Brothers	Denver	CO	0:11:49	0:43:22	0:27:32	1:22:43
87	M 30+	Donald	Likosky	W. Lebanon	NH	0:13:28	0:46:44	0:23:01	1:23:13
92	M 30+	Luis	Millan	Topeka	KS	0:11:33	0:58:20	0:26:20	1:36:13
99	M 30+	Scott	Tellier	Worcester	MA	0:17:17	0:55:02	0:30:04	1:42:23
90	M 30+	Yvan	Turmel	Boucherville	QC	0:08:54	0:38:45	6:21:19	7:08:58
104	M 35+	Chris	Groom	New Hope	PA	0:10:12	0:40:04	0:20:24	1:10:40
103	M 35+	Chris	Jernigan	Moretown	VT	0:11:28	0:40:49	0:18:40	1:10:57
150	M 35+	Steven	Offenhardt	Burlington	VT	0:12:15	0:40:10	0:21:58	1:14:23
102	M 35+	Jeffrey	Blake	Melrose	MA	0:12:18	0:40:10	0:22:28	1:14:56
101	M 35+	Joel	Palmer	Vergennes	VT	0:11:34	0:44:44	0:21:09	1:17:27
105	M 35+	Brian	Moody	Wolcott	VT	0:12:54	0:44:02	0:22:55	1:19:51
106	M 35+	Tim	Wright	Gansevoort	NY	0:13:19	0:42:19	0:25:14	1:20:52
167	M 35+	Mark	Tully	New York	NY	0:15:52	0:53:02	0:23:31	1:32:25
100	M 35+	Daniel	Letourneau	Greenland	NH	0:17:12	0:55:16	0:29:53	1:42:21
107	M 35+	Stacey	Brooks	Port Henry	NY	0:16:40	0:54:19	0:33:44	1:44:43
177	M 35+	Matthew	Wyman	Vergennes	VT	0:17:20	0:00:00	0:00:00	0:00:00
113	M 40+	Bobby	Dodd	Scranton	PA	0:09:58	0:37:38	0:19:47	1:07:23
162	M 40+	Jeff	Mullen	Richmond	VT	0:12:31	0:37:23	0:20:19	1:10:13
114	M 40+	Mark	Flinn	Warren	VT	0:12:46	0:42:12	0:19:35	1:14:33
111	M 40+	Rick	Blount	Williston	VT	0:13:34	0:42:24	0:20:20	1:16:18
112	M 40+	Steve	Wood	Saratoga Springs	NY	0:10:09	0:43:24	0:23:24	1:16:57
172	M 40+	William	McClune	Milton	MA	0:13:38	0:43:40	0:22:12	1:19:30
110	M 40+	Stephen	O'Dwyer	Burlington	VT	0:11:51	0:46:12	0:22:08	1:20:11
109	M 40+	Brian	Sweeney	Niskayuna	NY	0:14:24	0:44:02	0:27:24	1:25:50
108	M 40+	Brian	Rooney	Fairport	NY	0:21:20	0:50:03	0:27:40	1:39:03
122	M 45+	Jeffrey	Schumann	Newington	CT	0:08:26	0:38:33	0:24:06	1:11:05
120	M 45+	David	Foster	Castleton	VT	0:10:14	0:40:29	0:20:49	1:11:32
156	M 45+	Jeff	Jackson	Shelburne	VT	0:10:11	0:40:16	0:21:19	1:11:46
118	M 45+	Sean	Sweeney	Wayne	PA	0:10:27	0:41:16	0:23:37	1:15:20
155	M 45+	Thomas	Cosinuke	Burlington	VT	0:11:33	0:44:26	0:21:47	1:17:46
119	M 45+	Bill	Burns	Canton	NY	0:13:32	0:44:18	0:21:27	1:19:17
115	M 45+	Mark	Schachner	Lake George	NY	0:13:41	0:45:45	0:22:25	1:21:51
116	M 45+	Boyd	Gilman	Brighton	MA	0:11:49	0:50:52	0:22:48	1:25:29
176	M 45+	William	Roper	Weybridge	VT	0:14:13	0:47:49	0:24:22	1:26:24
117	M 45+	Kurt	Ruppel	Greenwich	NY	0:19:57	0:42:51	0:25:03	1:27:51
121	M 45+	Clay	Kanzler	Woodstock	VT	0:15:27	0:52:37	0:28:20	1:36:24
160	M 50+	Paul	Rabenold	Avon	CT	0:11:32	0:41:21	0:20:19	1:13:12
129	M 50+	Michael	Mason	Northfield	VT	0:11:52	0:41:08	0:20:30	1:13:30

124	M 50+	John	Toldnes	Milton	ONT	0:10:50	0:42:40	0:24:19	1:17:49
128	M 50+	John	Martin	Montpelier	VT	0:14:18	0:43:01	0:23:13	1:20:32
127	M 50+	John	Peters	Clarks Summit	PA	0:11:25	0:43:48	0:25:37	1:20:50
133	M 50+	Tom	Raskin	Colchester	VT	0:13:50	0:43:52	0:23:39	1:21:21
131	M 50+	Vincent	Aguiar	Pawtucket	RI	0:11:56	0:45:56	0:24:19	1:22:11
130	M 50+	Jeff	Peck	Chagrin Falls	OH	0:14:33	0:44:55	0:28:43	1:28:11
132	M 50+	Frank	Hoell	Dunbarton	NH	0:13:25	0:50:16	0:28:31	1:32:12
125	M 50+	Curtis	Tucker	Latham	NY	0:17:19	0:50:06	0:25:09	1:32:34
126	M 50+	Earl	Hurlburt	Middlebury	VT	0:17:52	0:49:36	0:26:26	1:33:54
175	M 50+	John	Hall	Lake George	NY	0:17:36	0:49:26	0:28:49	1:35:51
123	M 50+	Colin	Gage	Stanbridge East	QUE	0:17:18	0:54:30	0:26:28	1:38:16
134	M 55+	Bill	Taylor	Gansevoort	NY	0:11:53	0:40:42	0:22:48	1:15:23
137	M 55+	Sandy	Gellis	Woodcliffe Lake	NJ	0:12:30	0:43:18	0:22:39	1:18:27
136	M 55+	Ron	Donelson	Hanover	NH	0:14:15	0:47:22	0:30:31	1:32:08
138	M 60+	Fred	Thompson	North Adams	MA	0:13:55	0:40:11	0:25:46	1:19:52
140	M 60+	Robert	Cheney	Cambridge	NY	0:15:22	0:45:57	0:23:47	1:25:06
139	M 60+	Stuart	Chase	Bedford	NH	0:16:48	0:54:14	0:29:37	1:40:39
142	M 65+	Jack	Carlock	Andover	VT	0:14:07	0:46:07	0:25:02	1:25:16
141	M 65+	Chuck	Jensen	Old Bennington	VT	0:13:36	0:50:22	0:29:23	1:33:21
143	M 70+	Richard	Johndrow, Sr.	Ticonderoga	NY	0:19:59	0:48:38	0:30:08	1:38:45
144	M 70+	Bud	Schlosser	Dover	PA	0:25:29	1:17:04	0:54:15	2:36:48
146	MIX 40-	Team	Candy's Hoovers	S. Royalton	VT	0:09:16	0:38:30	0:20:56	1:08:42
147	MT 40-	Team	Hot Dogs	Suffield	CT	0:07:59	0:40:41	0:16:43	1:05:23

splits were calculated as you were leaving the transition area