

11TH ANNUAL GREAT KEEWAYDIN DUATHLON AT LAKE DUNMORE, VT
 RUN 1 MILE / BIKE 40.5 MILES / RUN 9 MILES

7/21/96

1996

Name	Town	Class	RUN	BIKE	RUN	Finish	Name	Town	Class	RUN	BIKE	RUN	Finish
SIGLOCH, LAURIE	ARLINGTON, VT		0:06:16	1:55:57	1:00:05	3:02:18	SURMA, KEVIN	LUDLOW, VT	M 45+	0:07:16	2:08:23	1:06:15	3:21:54
DALY, KRISTIN	MIDDLEBURY, VT	TOP 5 FEMALE	0:07:12	2:10:06	1:04:33	3:21:51	ANDERSON, LARRY	MENDON, VT	M 45+	0:09:20	2:32:23	1:24:47	4:06:30
MATTILE, LISA	PITTSFIELD, MA		0:07:12	2:16:17	1:14:17	3:37:46	UCKLEY, MARK	N.STONINGTON, CT	M 45+	0:00:00	0:00:00	0:00:00	
OGILVIE, SUE	RIPTON, VT		0:06:47	2:20:21	1:12:03	3:39:11	THOMPSON, FRED	N. ADAMS, MA	M 55+	0:07:40	1:57:09	1:14:07	3:18:56
GROLLMAN, DIANE	NORWICH, VT		0:07:31	2:23:29	1:11:29	3:42:29	JENSEN, CHUCK	OLD BENNINGTON, VT	M 60+	0:07:59	2:24:28	1:37:26	4:09:53
LAPATO, JANE	BALSTON SPA, NY	F 30+	0:08:22	2:23:53	1:25:31	3:57:46	ROBY, PAUL	BRANDON, VT	M 60+	0:08:25	2:38:09	1:23:39	4:10:11
MARTIN, COLLEEN	GLOUCESTER, MA	F 30+	0:07:51	2:26:58	1:31:12	4:06:01	KISSEL/ PALMER	WOLFBORO, NH	MIX40+	0:05:29	*****	2:57:25	2:57:25
ZEIGLE, STACIE	COLCHESTER, VT	F 35+	0:08:40	2:33:21	1:18:27	4:00:28	TEAM SALVINI	WESTFIELD, MA	MIX40-	0:06:16	2:09:29	1:09:07	3:24:52
SURMA, KAREN	LUDLOW, VT	F 35+	0:08:17	*****	4:05:07	4:05:07	MARTIN / KAFKOUN	BURLINGTON, VT	MIX40-	0:07:02	2:17:18	1:20:39	3:44:59
HARE, STEVE	MIDDLEBURY, VT	TOP 5 MALE	0:05:54	1:48:07	0:56:19	2:50:20	CANTY TEAM	SHELBURNE, VT	MIX40-	0:07:42	2:25:27	1:25:42	3:58:11
LATOURETTE, DAVE	OLD LYME, CT		0:05:56	1:48:58	0:56:43	2:51:37	BIKE & SKI TEAM	MIDDLEBURY, VT	MT 40+	0:05:40	1:59:01	1:00:30	3:05:11
SHEPARDSON, PAUL	PITTSFIELD, MA		0:06:26	1:53:42	0:57:23	2:57:31	RUTLEDGE/HARRIS	STAMFORD, CT	MT 40+	0:00:00	0:00:00	0:00:00	
WALCZYK, TIM	MARCELLLES, NY		0:06:41	1:53:09	1:03:33	3:03:23	GALBLE / LITTLE	HUNNINGTON, MA	MT 40-	0:05:38	1:58:55	1:02:30	3:07:03
KESSLER, GARY	WATTSFIELD, VT		0:06:08	1:56:17	1:01:39	3:04:04	PECK / PETERSON	WILLISTON, VT	MT 40-	0:05:37	2:06:48	1:03:16	3:15:01
LEAKE, BRYAN	BENNINGTON, VT		M 20+	0:05:57	1:50:25	1:11:33	3:07:55	MELNIKOFF / CARON	DELMAR, NY	MT 40-	0:05:42	2:16:36	1:01:17
SIMON, KEITH	BETHESDA, MD	M 20+	0:05:40	2:08:13	0:57:58	3:11:51	KEEWAYDIN, TEAM	SALISBURY, VT	MT 40-	0:05:28	2:33:58	0:56:50	3:36:16
STEELE, DAVE	BEAR, DE	M 20+	0:07:17	2:10:20	1:14:56	3:32:33	DORVEE / COHEN	SHREWSBURY, VT	MT 40-	0:07:00	2:26:28	1:17:24	3:50:52
SULZBACH, TIM	ESSEX JCT, VT	M 25+	0:06:42	1:59:27	1:05:20	3:11:29	POINT COUNTER	POINBRANDON, VT	MT 40-	0:06:46	2:33:18	1:15:54	3:55:18
BROOKS, JOHN	MONTREAL, QUE	M 25+	0:05:55	2:00:51	1:07:44	3:14:30	MITCHELL / CHEESEB	JEFFERSONVILLE, VT	MT 40-	0:05:31	*****	3:58:44	3:58:44
PAYNE, TIM	BENNINGTON, VT	M 25+	0:06:46	2:08:32	1:02:41	3:17:59	RICCI, BOB	ARLINGTON, MA	M 30+	0:06:20	2:07:25	1:03:42	3:17:27
LANGE, GEORGE	MADISON, CT	M 25+	0:06:02	2:01:53	1:25:58	3:33:53	LARROW, PAUL	STARKSBORO, VT	M 30+	0:06:01	2:14:38	1:11:06	3:31:45
GORMAN, RON	WEEHAWKIN, NJ	M 25+	0:00:00	0:00:00	0:00:00		WOOD, CRAIG	PITTSFIELD, VT	M 30+	0:07:22	2:07:48	1:20:23	3:35:33
LUITJENS, SEAN	FRAMINGHAM, MA	M 25+	0:00:00	0:00:00	0:00:00		MOCERI, JOE	GLOUCESTER, MA	M 30+	0:07:02	2:31:18	1:38:18	4:16:38
DUKE, ROJER	HAMPSTEAD, NH	M 35+	0:06:00	2:06:09	1:04:55	3:17:04	MITCHELL, MATTHEW	JOHNSON, VT	M 30+	0:00:00	0:00:00	0:00:00	
ZEIGLE, JOHN	BURLINGTON, VT	M 35+	0:06:23	2:08:39	1:06:51	3:21:53	DUKE, ROJER	HAMPSTEAD, NH	M 35+	0:06:00	2:06:09	1:04:55	3:17:04
BROWN, MARK	BOMOSEEN, VT	M 35+	0:05:59	2:06:26	1:16:34	3:28:59	ZEIGLE, JOHN	BURLINGTON, VT	M 35+	0:06:23	2:08:39	1:06:51	3:21:53
BOWLEY, SHANE	BURLINGTON, VT	M 35+	0:06:30	2:12:30	1:18:50	3:37:50	BROWN, MARK	BOMOSEEN, VT	M 35+	0:05:59	2:06:26	1:16:34	3:28:59
LEE, HENRY	NEW YORK, NY	M 35+	0:08:01	2:16:33	1:19:09	3:43:43	BOWLEY, SHANE	BURLINGTON, VT	M 35+	0:06:30	2:12:30	1:18:50	3:37:50
GILBERT, TIM	LEBANON, NH	M 35+	0:06:48	*****	0:00:00		LEE, HENRY	NEW YORK, NY	M 35+	0:08:01	2:16:33	1:19:09	3:43:43
COLEY, JIM	WILMINGTON, NC	M 40+	0:06:06	1:56:25	1:04:05	3:06:36	GILBERT, TIM	LEBANON, NH	M 35+	0:06:48	*****	0:00:00	
MORRIS, MICHAEL	CASELTON, VT	M 40+	0:06:23	1:53:00	1:09:28	3:08:51	COLEY, JIM	WILMINGTON, NC	M 40+	0:06:06	1:56:25	1:04:05	3:06:36
WHITE, JEFF	BENNINGTON, VT	M 40+	0:06:43	2:05:39	1:11:01	3:23:23	MORRIS, MICHAEL	CASELTON, VT	M 40+	0:06:23	1:53:00	1:09:28	3:08:51
MCNICKLE, NICK	JACKSON HEIGHTS	M 40+	0:07:24	2:19:58	1:09:29	3:36:51	WHITE, JEFF	BENNINGTON, VT	M 40+	0:06:43	2:05:39	1:11:01	3:23:23
HOLLAND, DENNIS	SHELBURNE, VT	M 40+	0:07:55	2:27:06	1:21:32	3:56:33	MCNICKLE, NICK	JACKSON HEIGHTS	M 40+	0:07:24	2:19:58	1:09:29	3:36:51
FRASER, PAUL	ROCHESTER, NY	M 40+	0:00:00	0:00:00	0:00:00		HOLLAND, DENNIS	SHELBURNE, VT	M 40+	0:07:55	2:27:06	1:21:32	3:56:33
THOMAS, WIN	RUTLAND, VT	M 45+	0:06:55	1:58:11	1:03:09	3:08:15	FRASER, PAUL	ROCHESTER, NY	M 40+	0:00:00	0:00:00	0:00:00	
FISKEN, ROBERT	NORWICH, VT	M 45+	0:07:28	2:06:53	1:06:00	3:20:21	THOMAS, WIN	RUTLAND, VT	M 45+	0:06:55	1:58:11	1:03:09	3:08:15